HOLY TRINITY ACADEMY

Family help support

Telephone: 01952386100

Email: Enquiries@holytrinity.academy

Points of Contact:

Headteacher: Mr Neal

E Mail: Enquiries@holytrinity.academy

SENCO: Mrs Staton- **E Mail:** SENCO@holytrinity.academy

School counsellor: Mike Flinn

Head Of Year

Year 7– Mrs Kennedy

Year 8– Miss Henderson

Year 9– Miss Corston

Year 10– Mrs Brickley

Year 11– Supported by Mr Neal and Mrs Welsh

Family Connect – 01952 385385 familyconnect@telford.gov.uk

Childline – 0800 1111

What is Family Help support?

Family help is what our school can offer to help you and your family. There are many reasons why a family may benefit from Family help support -we are not here to judge you or tell you what to do.

Family help means taking action to support a child or their family as soon as a problem emerges. It can be required at any stage in life, from pre-birth to adulthood.

We want to give our families and students opportunities to be supported in school and to signpost outside agencies who could support.

We will try to help you with any problems that you may be having. This doesn't mean that we can solve all of the challenges that you face, but we will listen to you, support you and signpost you to access services who can help you and your family.

You may want help because you are:

- Concerned about your child's behaviour
- Concerned about your child's mental health or anxiety
- Caring for a child with additional needs
- Worried about your housing situation or finances
- Experiencing some other form of difficulty



How can I access support?

Feel free to contact us directly to discuss what we can offer you.

You could:

- Call into or telephone the school office
- Email into the enquires email

We can also offer bilingual support for some languages



Internal support for students and families



Pastoral staff members at HTA:

Mrs Pearson– Pastoral Manager– Year 7 Pastoral Lead

Mrs Reader– Pastoral Lead for Year 8 and CSE Lead

Mrs Barnett- Pastoral Lead for Year 9

Mr Reader– Pastoral Lead for Year 10

Miss Coffey- Pastoral Lead for Year 11

Mrs Handy– Mental Health Lead

Mrs Cousins– Education Welfare Officer (EWO)

What is pastoral care?

Pastoral care is the provision in school to ensure the emotional welfare of students. It is the foundation upon which learning can take place. Pastoral care not only fosters pupils academic progress it also personal development.

Why is Pastoral Support important?

All parents want their children to be safe and happy at school. The importance of pastoral care goes beyond this. Education and health and well-being are closely linked and recent studies have shown that pupils with better health and wellbeing re likely to achieve better academically.

Pastoral care is fundamental to the development of character and social skills which will be critical to students in later life.





Mental Health Lead

Mrs Handy





In school we have Mrs Handy who is the Mental Health Lead. Mrs Handy runs the Thive centre club at break and lunch, afterschool clubs, group intervention and 1:1 intervention sessions.

Pastoral will be there to support students with their mental health and wellbeing and then they will be referred to Mrs Handy for further 1:1 support.

School Counsellor

Mike Flinn

Mike comes into school every Wednesday morning to see students on a 1:1 basis who need support with their mental health and wellbeing.

Mike is a fully qualified counsellor and supports students with many different concerns and difficulties.

Pastoral will refer to Mike for students to be seen when appropriate.

Manu

‘Our school dog and friendly support’



Manu spends his day in the pastoral office and offers his support to students who are feeling worried and he is a friendly face at breaks and lunches for those students who need a little reassurance. Manu is very friendly and loves his job here!

Family hubs

Family hubs support families with a range of worries and concerns within the home or with their children.

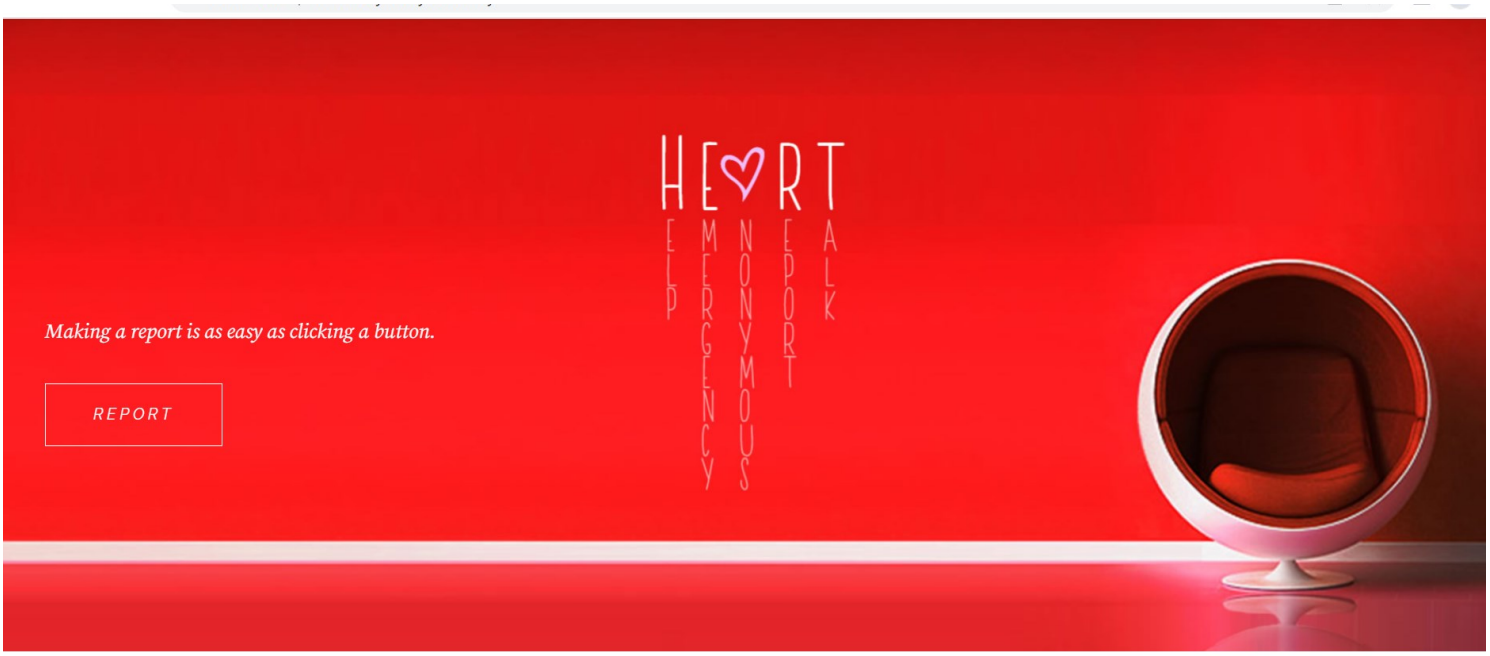
Family hubs can be accessed via Family Connect if parents/carers would like to access them themselves or through school.

In school you can request a family help assessment is completed. The pastoral team will sit with you and go through what concerns you have, complete assessment and send it off to family hubs to assessed.

If they feel your family could benefit from a worker to support in the home, they will allocate a family hubs practitioner.



HEART system at Holy Trinity Academy



The HEART System (Help Emergency Anonymous Report Talk) which allows young people to report any incidents which occur within the school and local community anonymously and without fear. Aside from the reporting tool HEART delivers educational content to raise awareness on a wide range of subjects including: Bullying, Health, Community Issues, Weapons and Hate Crime.

HEART is a web based tool which is personalised and created by Holy Trinity Academy and managed by SLT/Pastoral, This is a unique tool made just for you to provide comfort and to put your mind as ease, Everyone deserves to talk.

The HEART System promotes inclusion, safeguarding, e-safety and provides additional opportunities for students to report their concerns.

Alternative provision offers in school

To continue supporting SEMH students in school we have arranged alternative provision in school. The provision is to support students' emotional regulation, attendance to school and behaviour.

Hoo Farm

Students will attend during enrichment on a Friday and be back by the end of the school day.

The students will be able to handle a selection of animals and there will be opportunities to visit animals we are unable to hold and also feed some of the animals.

Invitation only





Engineering

Each Wednesday afterschool there is an engineering session offered to students and they work with Mr Handy to fix go karts and currently there is an old mini cooper which is being restored.

Invitation only





Wolves Academy

Wolves Academy coaches come to HTA every Wednesday afterschool to coach some of our students. This is an opportunity to engage some of the students who are struggling emotionally, with attendance or behaviour.

Invitation only

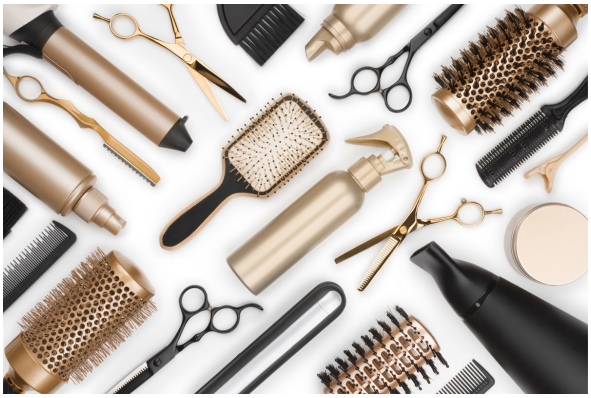


Hair and Beauty

A hair and beauty technician comes to school each Tuesday to offer sessions for young people in school to gain a qualification in hair and beauty.

The room is set up as a beauty salon with sinks and tables for manicures and massages.

Invitation only





External support for students and their families

HOLY TRINITY ACADEMY

Family Connect

Families, carers and professionals can access comprehensive local information via this website relating to the needs of children aged 0 - 19 years old or to 24 years old for those with a disability..

At Family Connect we know that some families may need some extra help and support for a variety of reasons such as following:

- **Concerns about a child's welfare**
- **Support for a child with a disability**
- **Live Well Telford - Telford's all age online community directory**



Telephone:01952 385385
Mon-Fri 9am-5pm

Text:: 07908 680320

Email: familyconnect@telford.gov.uk

Family hubs

The most useful children and family support is that which helps families to stabilise and improve their own situation through primary prevention approaches at the earliest time. Strengthening Families provide local services for families with children aged 0-19 through children and family centres, in a planned approach to ensure resources are targeted where they are most effective.

Children's centres are an important statutory service focusing on targeted younger children (0-5) and their families as part of Telford & Wrekin's Strengthening Families.

The core purpose of children's centres is to improve outcomes for young children and their families and reduce inequalities between families in greatest need and their peers in:

- child development and school readiness
- parenting aspirations and parenting skills and
- child and family health and life chances. Children's Centres Statutory Guidance (2013:7)Children Centres target particular groups to attend, (e.g. additional needs, speech and language delay, challenging behaviour)
- parents (e.g. Emotional wellbeing, healthy lifestyles, parenting in general)
- families (e.g. worklessness, social isolation, Citizens Advice)
- groups (e.g. teen parents, lone parents, BME groups, dads).

There are a raft of activities and support networks that are linked to children centres such as Citizens Advice support, employment support, targeted activities for parents and children, volunteering, healthy lifestyle programmes, parenting groups.

Strengthening Families also offer family support (0-19) at the family home on a one to one basis for targeted vulnerable families. Our Early Intervention Practitioners offer early help parenting strategies and whole family support by bringing together the right services around the family.

Family hubs are separated into 3 areas:

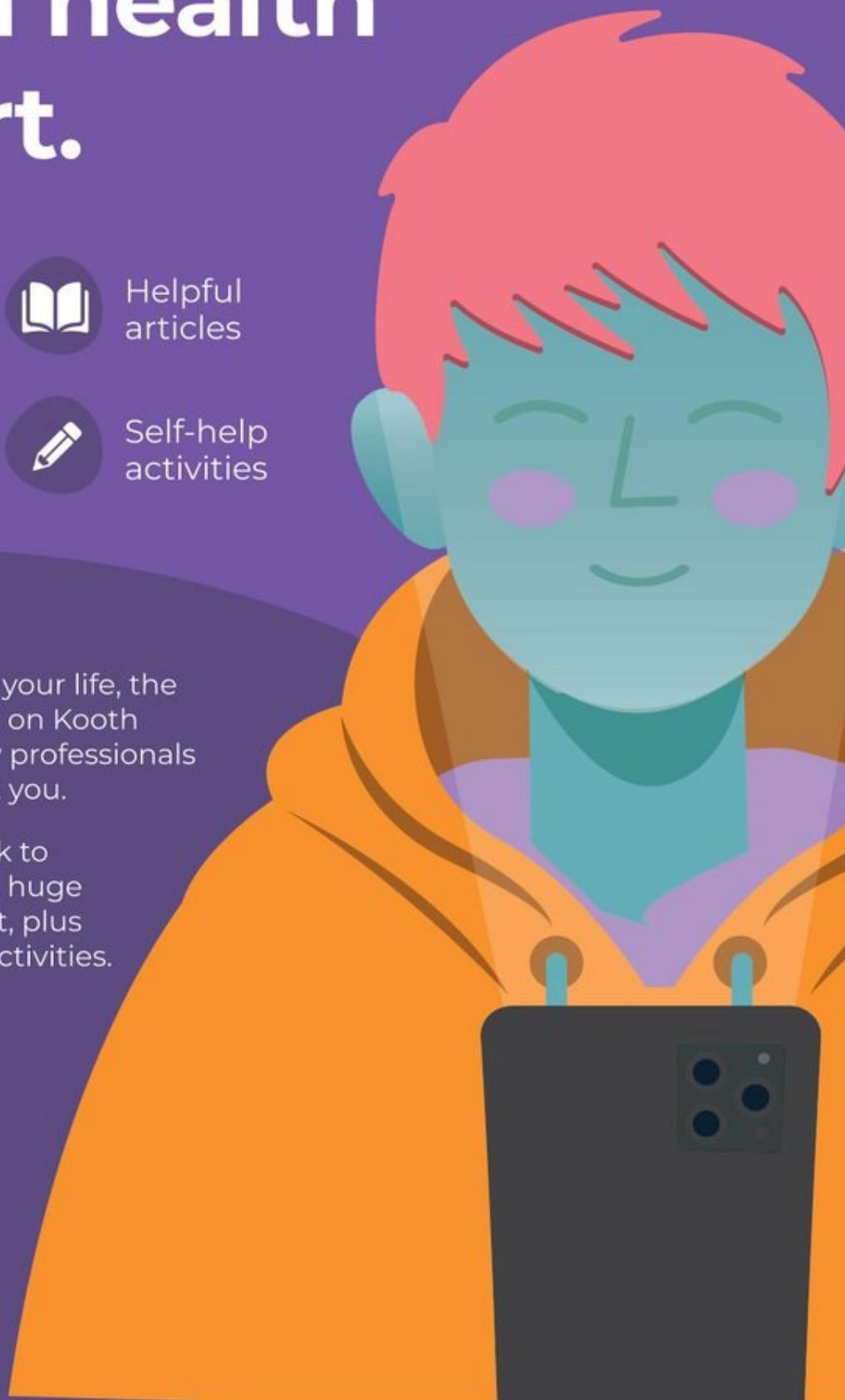
- Hadley Castle
- Lakeside South
- The Wrekin



Free, safe and anonymous mental health support.

SCAN ME!

- Chat to our team
- Helpful articles
- Community Support
- Self-help activities



Whatever is going on in your life, the anonymous community on Kooth and our team of friendly professionals are here to help support you.

Or if you'd rather not talk to anyone, we've also got a huge library of helpful content, plus self-help tools and fun activities.

Sign up today at
kooth.com

kooth

Helpful apps and websites

CLEAR FEAR

Help to overcome anxiety



App to help calm the mind– mindfulness based

CALM HARM

Calm Harm is a totally free app that helps you 'ride the wave' of the urge to hurt yourself, because the urge feels most powerful when you start wanting to self-harm.

YOUNGMiNDS
fighting for young people's mental health

https://www.youngminds.org.uk/

Offering support to both young people and parents

We're supporting mind
for better mental health

https://www.mind.org.uk/

Support for mental health and wellbeing