

Parent Revision Session

How much revision?

Upto Easter : 3 hours per school evening
(including homework)

After Easter : 4 hours.

Weekend Between 4 and 6 hours on 1 day

One day is needed for relaxation.

No later than 9pm on any evening!

When to start?

- Now

There are 23 school weeks until exams begin

- Spend some time this week putting together the first draft of a revision timetable as a family.

**What does an
effective revision
timetable look
like?**

21st - 27th March

	Mon 21st	Tue 22nd	Wed 23rd	Thu 24th	Fri 25th	Sat 26th	Sun 27th
08:00 - 09:00	School	School	School	School	School	Easter	
09:00 - 10:00							GCSE Physics (Edexcel)
10:00 - 11:00							GCSE Biology (Edexcel) Easter
11:00 - 12:00							
12:00 - 13:00							GCSE Physical Education (AQA)
13:00 - 14:00							
14:00 - 15:00							GCSE Business Studies (AQA)
15:00 - 16:00							GCSE Design & Technology: Food Technology (WJEC)
16:00 - 17:00	GCSE Geography (Edexcel)	GCSE Chemistry (Edexcel)	GCSE Physical Education (AQA)	GCSE Mathematics (Edexcel)	GCSE English (AQA)		
17:00 - 18:00	GCSE Biology (Edexcel)	GCSE Business Studies (AQA)	GCSE Physics (Edexcel)		GCSE Design & Technology: Food Technology (WJEC)		
18:00 - 19:00				netball			
19:00 - 20:00	GCSE Design & Technology: Food Technology (WJEC)	GCSE Mathematics (Edexcel)	GCSE English (AQA)		GCSE Business Studies (AQA)		
20:00 - 21:00							

Revision timetable

- Blank copies available from reception and can be downloaded from the revision section of the website
- [Click here to visit the get revising website](#)

Revision myths

- I already know how to revise
- If I don't know it now I never will
- I've done alright so far without revising
- I'll start after Easter, I will be ok
- I NEED MY PHONE WITH ME

**Revision needs to
be a partnership
between parents,
student and
school.**

“Parental support is eight times more important in determining a child’s academic success than other factors”

- Talk to your child about their revision and their work
- Remove the obstacles
- Help your child to plan their revision timetable- It will take an investment of your time (probably several hours) but it is the single thing that will make a big difference in the long run. Blank version on Revision booklet on the website, given in bags and spares at main reception. Electronic versions on the get revising website.

EEF

- “We know that levels of parental engagement are consistently associated with children’s academic outcomes”
- You don’t have to be an expert in any of the subjects or spend every minute with them – you just need to know how to spend the time you do have with them effectively

- You are the expert on your own child and have always been his or her most important teacher. Your support, encouragement and interest can make a spectacular difference to your child's motivation and ability to cope with the academic and emotional demands of the exam years.

Use of phones

An extra hour a day of television, internet or computer game time in Year 10 is linked to poorer grades at GCSE, a Cambridge University study suggests.

The researchers recorded the activities of more than 800 14-year-olds and analysed their GCSE results at 16.

Those spending an extra hour a day on screens saw a fall in GCSE results equivalent to two grades overall.

"Reducing screen time could have important benefits," said co-author Dr Esther van Sluijs.

Provider of the tools for homework and revision

- Quiet space and all other resources easily available. An area where resources can be left out is perfect.

Partner with school and child

- Know how they are doing. Look in books. Look on MCAS. Contact if you have any questions.

Study buddy

Show an interest in the subject, testing them, ask them to tell you about..... (the student talking through their ideas helps them to make sense of them)

Check every 45 mins – both to reassure, support and check they are doing something

Ensure they know you are there to support

Sounding board and adviser

- Help your child to break tasks down so that they are manageable, keeping a subtle eye on progress and celebrating achievements, and helping to find a positive way forward when things go badly

Emotional supporter

- Listening to their worries and anxieties; helping them to manage their feelings and solve their problems.

Project manager

- Agreeing the rules for homework or revision, helping them to make a realistic timetable, balancing work against the “fun stuff” and revising the plans as necessary

Go between

- For your child and the school when necessary; making sure problems are nipped in the bud and asking the questions your child can't or won't.

What to revise?

- Use PLC and regularly update

Effective revision requires thinking and active learning

- Reading then making notes from memory
- Producing notes (shorter each time you revise a particular area) noting key points, phrases or words.
- Use bright colours when making notes
- Practising timed exam questions and then mark
- Talk through an idea or explanation with a family member
- Watch clips and then make notes, check understanding and complete questions.
- Senecalearning
- Keep going back over key facts

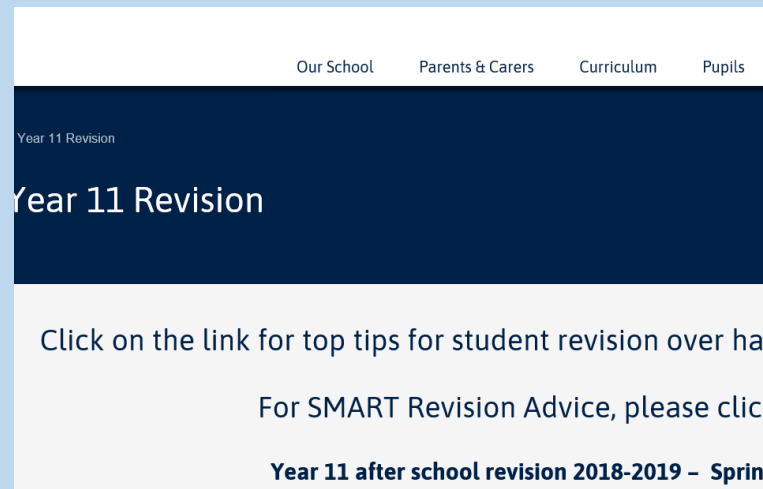
- Testing yourself to see what you have learnt
- Ticking off the subject on your 'overall list' so that you can see regular progress
- Revisiting your notes briefly after one day, one week and one month, as well as I just before the exam-THIS REALLY WORKS
- Drawing 'spider maps' on large pieces of paper to show how different parts of a subject hang together
- Use pictures, large flip chart sheets and colour to make posters with key points. Display these on walls where you will see them regularly (blu-tac needed!)
- Put revision aids up around the home-especially for 'rote learning' (chemical or mathematical formulae, French verbs etc). Read them when brushing your teeth, eating breakfast etc
- Record yourself saying ten key points about a particular topic, then play it back when you are travelling, running etc
- Read a page and shut the book-what can you remember?
- Ask people around you to test you

Accessing past papers

- Make sure you know the exam board for each subject – it's in the booklet and on the website.
- Getrevising has links to past papers <https://getrevising.co.uk/past-papers>

Specific revision techniques

- Further detail on how to use the following for revision can be found on the website
- Cue cards
- Managing time and stress
- Mind maps



Attendance

- Get them in
- 95% attendance = Half a day of lessons missed every two weeks

The structure of revision sessions

- Should be active and engaging.
- Your child will need help to find the best technique for them (they have used a range of revision techniques in school).

How to use GCSE revision guides

- Questions at the end of each chapter

QUICK TIPS FOR REVISING TO SHARE WITH YOUR CHILD

- Make yourself start, however much you don't want to-the hardest bit is over with then!
- Build in short breaks, every 20-30 minutes
- Do frequent short exercises-stretches, neck and shoulder rolls, walking around
- Drink water, get fresh air and keep the temperature cool
- Eat 'brain food', avoid sugar and have healthy snacks around to eat Take a day off and do something completely different (every now and then)
- Do not leave the difficult bits to the end
- Do something relaxing between revising and bedtime
- Stop and take a break if you start feeling frustrated, angry, and overwhelmed. Make a note of the problem to take to your next lesson, and move onto something else
- Focus on what you have done, not all the things that you haven't-every little helps
- Promise yourself rewards after each session-watching TV, reading a book or going out with friends
- At the end of each session, file away your notes so your work area is clear for next time
- If you have regular activities you participate in, playing football, walking the dog, build these into your revision schedule

Revision bags

New grading structure	Current grading structure
9	A*
8	
7	
6	B
5	
4	C
3	
2	D
1	
U	E
	F
	G
	U

Comparing old GCSE letter grades to new number grades

Changes this year

- Formula sheet for maths, physics and science

Exam arrangements

- Individual timetables on MCAS. Check very carefully, including tiers.
- Arrive on time

On the day

- Breakfast
- Materials for the exam

Results day

- Thursday 22nd August

Questions over tea and coffee

- Collect a revision pack to get them started
- Look at the papers to see how long they are and the challenge
- Examples of revision guides that should be at home