

Component 1: Human Lifespan Development

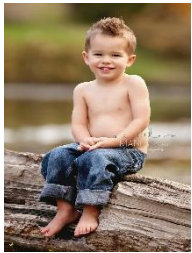


In this unit you will cover physical, intellectual, emotional and social development across the human lifespan, and look at key life events

Research the meanings of these words. Please do not copy and paste, try to put them into your own words to show your understanding.

Keyword	Definition
Growth	
Development	
Norm	
Puberty	
Menopause	
Life expectancy	

For each image, write down the approximate age you think they are, then think of a word which could describe the life-stage they are in.

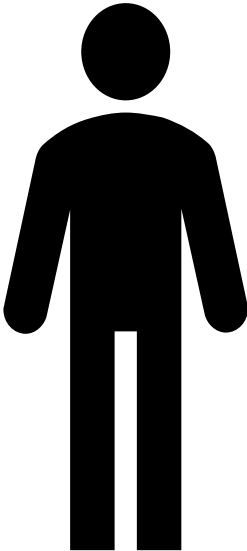


Age: _____ Age: _____ Age: _____ Age: _____
Life stage: _____ Life stage: _____ Life stage: _____ Life stage: _____

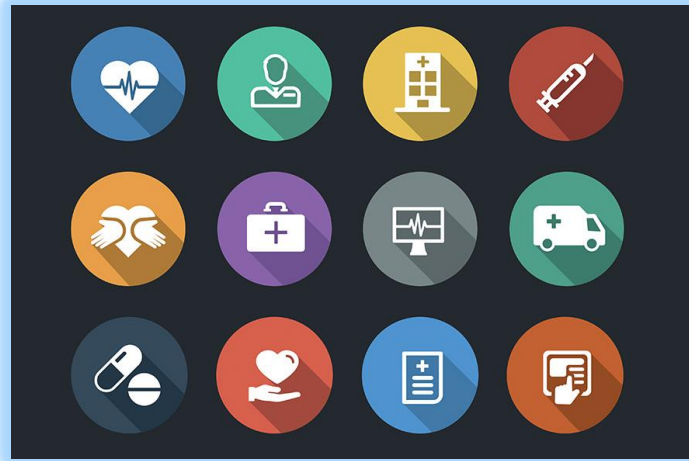


Age: _____ Age: _____ Age: _____
Life stage: _____ Life stage: _____ Life stage: _____

Around the person, list all the relationships you might have throughout your lifetime.



Component 2: Health and Social Care services and values



In this unit, you will cover the different types of health and social care services and the barriers which can stop individuals accessing them.

**List as many jobs as you can you think of in the health and social care sector.
(if you are finding this hard you could visit this link**

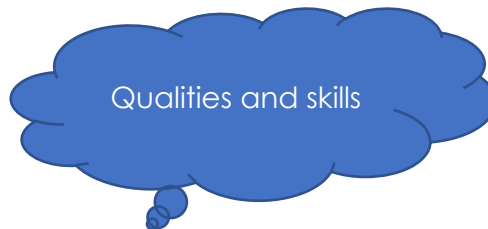
<https://www.healthcareers.nhs.uk/working-health/working-social-care>)

- Nurse

Research the meanings of these words. Please do not copy and paste, try to put them into your own words to show your understanding.

Keyword	Definition
Primary care	
Secondary care	
Tertiary care	
Allied health carer	
Empowerment	
Empathy	
Safeguarding	

Produce a mindmap on the qualities and skills you think might be needed to make a good carer.



Component 3: Health and wellbeing

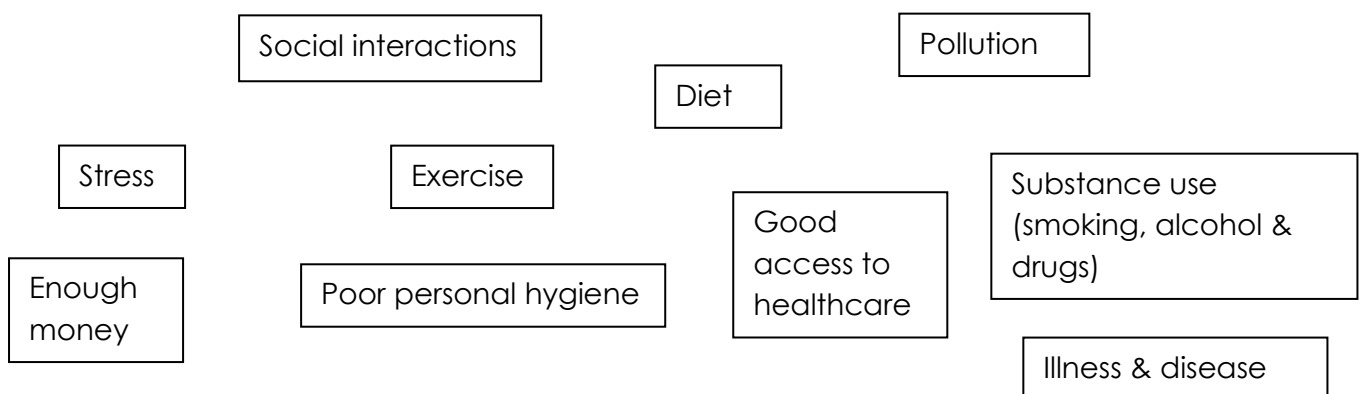


In this unit, you will cover the factors that have an effect on health and wellbeing.

What do you think makes a person healthy?

In **yellow**, highlight the factors you think might have a positive effect on the body.

In **blue**, highlight the factors you think might have a negative effect on the body.



Research the meanings of these words. Please do not copy and paste, try to put them into your own words to show your understanding.

Keyword	Definition
Wellbeing	
Barrier	
BMI	
Genetic inheritance	
Psychological	

Found out what the letters in following acronym stand for when looking at target setting:

**S
M
A
R
T**

Extension

Choose 2 of the programs identified below and complete the tasks.



Rio and Kate: Becoming a Step Family

<https://www.bbc.co.uk/programmes/m000f9sg>

After the death of his wife this documentary follows the Ferdinand family as Kate integrates into the household. This film covers a number of experiences of a “step family”. **At times this is moving and may have you reaching for the tissues.**

- 1) Produce a short review of this program as if you were writing for the school Highlights magazine and why students should or shouldn't watch it. Think about your use of language and structure.



Jesy Nelson: Odd one out <https://www.bbc.co.uk/programmes/p07lsr4d>

Jesy Nelson of Little Mix – discusses the online abuse she faced and the effect of the cyberbullies and Trolls. **This documentary has some bad language featured so please check with your parent/carer with this one. There are some aspects that some of you may find upsetting.**

- 1) Produce a short review of this program as if you were writing for the school Highlights magazine and why students should or shouldn't watch it. Think about your use of language and structure.



Junior Doctors: <https://www.bbc.co.uk/programmes/p07mwbtf>

Junior Doctors On The Front Line – Shows what life is like for several junior doctors working in a busy hospital. **This documentary has some bad language featured so please check with your parent/carer with this one. There are some aspects that some of you may find upsetting due to scenes of surgery and real injuries.**

- 1) Produce a short review of this program as if you were writing for the school Highlights magazine and why students should or shouldn't watch it. Think about your use of language and structure.



Born to be Different: <https://www.channel4.com/programmes/born-to-be-different/on-demand/29572-001>

Born to be different – Shows what life is like for parents and children with disabilities. This program shows the challenges the children and their parents face in early life.

There are some aspects that some of you may find upsetting due to scenes of surgery discussions and how parents feel.

- 1) Produce a short review of this program as if you were writing for the school Highlights magazine and why students should or shouldn't watch it. Think about your use of language and structure.

Task

From watching your two chosen programs can you attempt the question below.

You can of course use the sentence starters to help you. Try and produce a written piece that is about 400/500 words.

‘Discuss the portrayal of Health and Social Care within the media’

Sentence Starters

I chose to watch and because

I think that the media in suggests that health and social care

A strength of is that on health and social care

A weakness of ...is that.....within a different health and social care settings.

Questions

- What issues, if any, are being raised in the stimulus?
- How does the stimulus present H&SC?
- Is the stimulus informative/helpful and why?
- Are there any quotes/scenes etc that stand out to you and why?
- How effective is the stimulus in raising public awareness about H&SC/Issues?