



HOLY TRINITY ACADEMY

PARENT WEEKLY BULLETIN

Week commencing Monday 7th March 2022

Whole School Spirituality

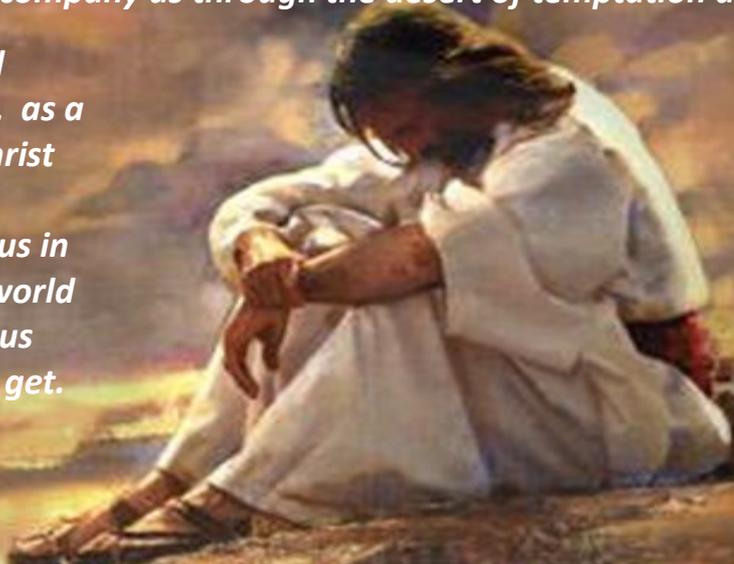
Temptations

I got lost once on Kinder Scout in Derbyshire, despite having been up on those hills many times. So confident was I that I could tell one bit of peat bog from another that I hadn't bothered with a map and compass on this occasion. So when the cloud came in and visibility was no more than 15 yards, the pulse rate went through the roof. What made it worse was I was with the 'to-be Mrs Doust' trying to act like I knew what I was doing and where we were going whilst every internal alarm bell was ringing that this hill top walk could go spectacularly wrong!

We all get lost at some point. The scripture this week sees us focus on the Temptations of Jesus where he spends 40 days in the 'desert of temptation'. We seem to live permanently in a desert of temptation ... sometimes we can find our way, but all too often many of us are lost in this desert of temptation ... wandering aimlessly on occasions and struggling to find a way out. Temptations can just be too tempting some times. So Christ is our guide when we are lost. By spending 40 days in the same desert as us, He knows the way out. He therefore comes to find us and meet us in this desert ... calling our name ... searching for us in order to accompany us through the desert of temptation and to safety.

Just as the angels looked after Christ in the desert, as a Catholic I believe that Christ also sends his angels to watch over us and steer us in the right direction. In a world of temptations, some of us need all the help we can get.

[Mr Doust]



HPL FOCUS

Automaticity

The ability to use some skills with such ease as they no longer require active thinking



As a High Performance Learning Pathway School we will be sharing with you "Top Tips" on how you can support you child/ren with developing the High Performance Learning skills at home.

There are 30 of these skills broken down into the two categories of Advanced Cognitive Performance Characteristics (ACPs) and Values, Attitudes and Attributes (VAAs). This fortnight we look at the ACP of **Automaticity**.

(The ability to use some skills with such ease as they no longer require active thinking)

Top Tips on..... Automaticity

1. Discuss with your child how the process of multi-tasking works – can they explain to you why we are able to do many things at once? Can they give examples of when this happens?
2. Talk to your child about something you do which does not require active thinking – if you drive, this is a good example. The process that you have gone through in order to learn to drive means that you are able to do many things 'automatically' e.g. changing gears, signalling etc
3. Create a times table competition. Who can get the correct answers in the quickest time? You will find that perhaps some times tables are more embedded or the answers comes more automatically than others. What is it that needs to be done in order to make them all equally automatic?
4. Talk to your child about a new skill that they would like to learn and how long they think it will take to get to the point of automaticity. Try it!
5. Talk to your child about some of the things they do which means they operate with some degree of automaticity. Playing games often mean that you are aware of several things at once and operate quickly within this. Many children will be unaware that they are using these skills and may need some prompting to think about how these skills are transferable into their learning in school





Integral

Necessary to make a whole complete;
essential or fundamental

The Pastoral Team
would be extremely grateful
for any used and outgrown
items of school uniform.

UNIFORM.
DONATIONS.

169

Puzzle
Number

PUZZLE OF THE WEEK

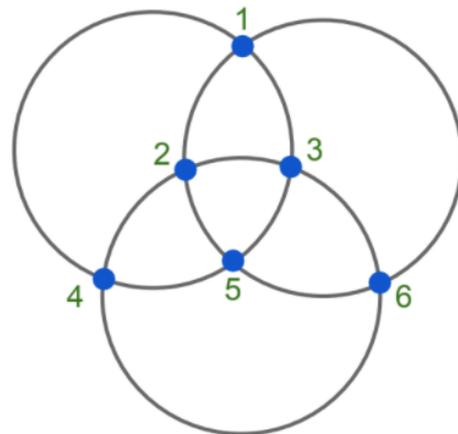
Entries open: Mon 28th Feb

Entries close: Sun 6th Mar



scan to enter

When three circles are drawn,
they cannot intersect at more
than 6 points.



What is the maximum number of points of
intersection of 6 circles?

Extension: What is the maximum number of points of intersection of 7 circles, 8 circles, n circles?

CARERS TRUST

Wednesday 16th March is Young Carers Action Day, an annual event organised by the Carers Trust to raise awareness of young carers and young adult carers.

We can support this by highlighting the support available. Information and resources can be found here:

<https://carers.org/young-carers-action-day-2022/young->



YOUNG CARERS ACTION DAY 2022

#YoungCarersActionDay

This year, young carers want this day to be all about securing action to help address the isolation they experience and the pressures and challenges they face.

Let's also celebrate the incredible contribution they make by caring for their family members.

Parents

Please ensure that your child's ParentPay account is in credit at all times and that there are sufficient funds for their purchases.

Mellors Catering Services do not facilitate credit.

Please note: Crediting might not be instant so allow good time for funds to reach the account.

Thank you.



Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish	Tuna and Sweetcorn Pasta <u>bake</u> with Garlic bread	Creamy chicken and leek pie with a golden pastry top served with new potatoes	Roast Gammon and Pineapple with crispy roast potatoes	Traditional beef lasagne with crusty garlic and herb bread	Pork Sausage or Fish Fingers served with chunky chips
Vegetarian Main Dish	Vegetable tikka masala with pilau rice and cucumber raita	Vegetable moussaka	Vegetarian toad in the hole with gravy and crispy roast potatoes	Spiced vegetable jambalaya 	Vegetable Burger in a soft bag
Accompaniments	Roasted Mediterranean vegetables Steamed broccoli Salad bar	Spring greens Carrot batons Seasonal vegetables Salad bar	Peas and Sweetcorn Salad bar	Green beans Crisp mixed salad Salad bar	Garden peas Crisp mixed salad Salad bar
Hot Handheld Special 	Pepperoni Pizza	Macaroni cheese with Herby Garlic Bread	Roasted vegetable pizza	Sweet Chilli Chicken Wrap and Salad	Tomato and Mascarpone with Whole Wheat Pasta
Street Food	Malaysian Beef Rendang with coconut rice	Greek Pork Souvlaki in a warm flat bread	Tandoori chicken Wrap with Bombay potatoes and cucumber raita	Hoisin Pork Noodles 	Chicken shawarma, served in a pitta bread 
Jacket Potato	Grated Cheese Or Baked Beans	Grated Cheese Or Baked Beans	Grated Cheese Or Baked Beans	Grated Cheese Or Baked Beans	Grated Cheese Or Baked Beans
Dessert 	Selection of Traybakes and Fresh Fruit	Selection of Traybakes and Fresh Fruit	Selection of Traybakes and Fresh Fruit	Selection of Traybakes and Fresh Fruit	Selection of Traybakes and Fresh Fruit

Careers and Education Information and Guidance Update



YEAR 10 WORK EXPERIENCE

11th to 15th July 2022

- Thank you to all year 10 students who have made a MyTelford account and started to submit their work experience placement for insurance checks.
- Please could students be reminded to make the account in their own name, as I have to check every application against a student list in order to confirm their access to our work experience portal and this is not possible if applications are made in parents' names.
- If you have any queries regarding this, please refer to the letter on Edulink or get in touch with me.
- Finally, just a reminder that there are some work experience spaces available with Wilmott Dixon, who are building our new school space. Please see me for an application form.

CAREERS FORTNIGHT

8th to 18th March 2022

- Over the following fortnight, students across all year groups will be partaking in a variety of careers-focused activities in their subject lessons in school. Look out for CEIAG engagement achievement point being allocated as your children learn about the careers potential in their subjects.
- Remember to check the school website CEIAG page over the coming fortnight to see more of what our students are learning!

Thanks, Miss Sutton



have extended their opening times ...

FROM 8TH MARCH

Our Wellington drop-in will be open MORE and FOR LONGER!

TUESDAYS & THURSDAYS
 @ Market Square, Wellington TF1 1BP
 OPEN 10am
 CLOSE 6pm
 (last entry 5.15pm)



What's on Kooth in March

Find all of this & much more on [Kooth.com](https://www.kooth.com)



March 2

Discussion Board

Team Sports to Lift Your Spirits

March 4

Podcast

Showing Racism the Red Card

March 4

Live Forum

Emotions - Alternative ways to explore and manage

7.30pm to 9pm

March 8

Discussion Board

Let's Hear it for the Girls!

March 9

Live Forum:

Speaking Up about Crime

7.30pm to 9pm

March 14

Live Forum

Neurodiversity Celebration Week: All kinds of different minds

7.30pm to 9pm

March 30

Live Forum

Social Takeover: What makes you, you?!

7.30pm to 9pm

March 25

Live Forum

LGBTQIA+: We Belong

7.30pm to 9pm

Looking after your wellbeing



Mrs Handy will have 1:1 and group slots available for students to have some extra support with their mental wellbeing.

	Monday	Wednesday	Thursday
Before school		Drop in's- 8am-8:20am	
Lunchtime			Craft and calming room (Hall)
After school	1:1 mental wellbeing support slots		1:1 mental wellbeing support slots

- **Stress and anxiety support**
- **Self-esteem intervention**
- **Mindfulness**
- **Managing exam worry**
- **Emotions and feelings**

Please speak to Mrs Handy or use the Heart system with your name if you are interested in staying afterschool for support



The events in Ukraine are understandably worrying for our young people. Here is some information to help young people understand what is happening in an age-appropriate way as well as emotional support:



<https://www.bbc.co.uk/newsround/13865002>



<https://www.youngminds.org.uk/>



Y9 Bronze DofE Students



Students need to keep working on their volunteering, physical and skills activity, uploading evidence to eDofe weekly. It is also essential that students either attend the after school session on Tuesday evening from 2.40pm – 3.40pm in Rm1.33 or they attend the enrichment session on Friday if signed up for D of E as their enrichment activity.

These sessions are covering the required training for expedition skills and students will only be able to undertake the expedition in the summer if they have completed all of the necessary training and signed off by their leader as being proficient in these.

If any help is needed for any aspect of the D of E award please contact Mr Sawyer