



HOLY TRINITY ACADEMY

PARENT WEEKLY BULLETIN

Week commencing Monday 10th January 2022

Whole School Spirituality

Jesus - A New Mission

It's hard work trying to cater for 3 children at meal times. My own mother just served the one dish and that's what you ate. Now, whilst this is a policy that the Doust household have adopted, the meals remain fairly 'safe'. It would be great if once in a while the children could be a little more adventurous ... 'just try it and see what it's like' is the encouragement given. I think they'd rather eat a meal they know tastes bad than try a new one. Many of us play it safe in areas of life. Sometimes something new can be quite daunting and a certain amount of courage is needed.

This week sees us focus on Christ's baptism. This is his transition from carpenter's son to Messiah / Saviour ... so just a small step!

His mission and ministry require Him to leave his familiar surroundings and venture out into the 'unknown'.

A fresh start in a new role. And we reflect, this week, on what our mission is. What has God called us to do? Are we listening carefully or does the bustle of life sometimes prevent us from hearing His plans for us?

[Mr Doust]



Clarification

A clarification is a statement that makes something clearer or less confusing

HPL FOCUS

Intellectual Confidence

The ability to articulate personal views
based on evidence



High
Performance
Learning

As a High Performance Learning Pathway School we will be sharing with you "Top Tips" on how you can support your child/ren with developing the High Performance Learning skills at home.

There are 30 of these skills broken down into the two categories of Advanced Cognitive Performance Characteristics (ACPs) and Values, Attitudes and Attributes (VAAs).

This fortnight we look at the ACP of **Intellectual Confidence**.

(The ability to articulate personal views based on evidence)



Top Tips on..... Intellectual Confidence

1. Debate an issue of interest and encourage your child to articulate arguments both in favour and against a particular view or standpoint
2. "What do you think?" and "Why do you think that?" are great conversation starters as you watch the news
3. Ask your child to persuade you of something e.g. to stay up half an hour later at a weekend. Ask them to consider the quality of their arguments – what evidence are they using to support their arguments
4. Watch a news report or read a newspaper article. Encourage them to articulate to you a strong response to the report/article
5. Challenge your child to create a list of persuasive words that can be used to express and persuade others of arguments. How many can they come up with?

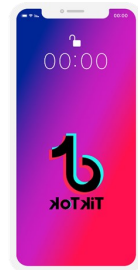
Don't Miss Our

Online Safety Newsletter

January 2022

WHAT YOU NEED TO KNOW

- All about TikTok - why you should be concerned
- Family Pairing
- Challenges and Trends
- Blocking and reporting



Smart TV
Streaming Services
& Parental Controls

What you need to be
aware of

FORTNITE

...AND MUCH MORE!

http://holytrinity.academy/wp-content/uploads/2022/01/Online-Safety-Newsletter-Jan-2022_Holy-Trinity.pdf



REMINDER

**Both Homework Clubs
resume on
Monday 10th January 2022**

EXAM REVISION

English Revision- after school	Language/ Literature	FOCUS OF REVISION
10 th Jan	Language	Paper 2 Q5
17 th Jan	Literature	R&J – fate- AO3 focus
24 th Jan	Language/Literature	Exam technique
31 st Jan	Literature	R&J- light and dark imagery- focus on AO2 and AO3
6 th Feb	Language	Paper 2- Q4- focusing on EBIs from mock
13 th Feb	Literature	R&J- courtly love vs true love - AO3 focus

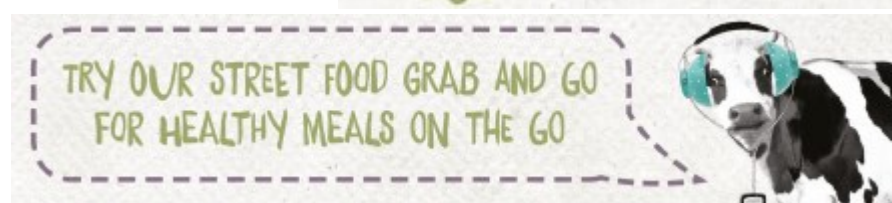
Parents







Please ensure that your child's ParentPay account is in credit at all times and that there are sufficient funds for their purchases.

Mellors Catering Services do not facilitate credit.

Please note: Crediting might not be instant so allow good time for funds to reach the account.

Thank you.



Week 1	Monday 	Tuesday	Wednesday	Thursday	Friday
Main Dish	Fiery Mexican chilli, brown rice, sour cream and salsa	Pork sausage, red onion gravy and champ mash potato	Apple glazed roast pork, crispy roast potatoes and gravy	Chicken Singapore noodles	Crispy battered fish with chunky chips, Curry Sauce
Vegetarian Main Dish	Sweet potato and squash stew with pea and mint couscous 	Quorn™ and vegetable lasagne with crusty garlic and herb bread	Cheesy potato and leek pie topped with puff pastry served with crispy roast potatoes	Aubergine and chickpea Dhansak, pilau rice and cucumber raita 	Falafel in a wholemeal pitta, crunchy slaw and chunky chips
Accompaniments 	Sweetcorn and Green Beans Salad bar	Roasted Root Vegetables and Green Cabbage Salad bar	Steamed carrots and broccoli Salad bar	Mixed Vegetables Roasted butternut squash Salad bar	Garden peas Crisp mixed salad Salad bar
Hot Handheld Special	Hot Turkey Meatball Subs	Roasted vegetable pizza	Hot Chicken Kebab Wraps with Salad	Hot Dogs and Onions	Vegetable Pizza
Street Food	Italian Meatballs in Tomato Sauce with Wholemeal Pasta	Sweet Potato and Vegetable Masala with Rice and Bombay Potatoes	Chicken and Bacon Pasta	Red Thai Chicken Curry with Boiled Rice	Sweet Chilli Chicken Noodles
Jacket Potato	Grated Cheese Or Baked Beans	Tuna Mayo or Grated Cheese	Coleslaw Or Baked Beans	Grated Cheese or Tuna Mayo	Baked Beans Or Coleslaw
Dessert	Selection of Tray bakes and Fresh Fruit 	Selection of Tray bakes and Fresh Fruit	Selection of Tray bakes and Fresh Fruit	Selection of Tray bakes and Fresh Fruit 	Selection of Tray bakes and Fresh Fruit



What's on Kooth in January

January 5

Discussion Board:

Back to the Swing of Things

Sometimes it can be hard to get back into the swing of things after a holiday. Come share your thoughts or any tips on how to get back into things after a break!

January 7

Live Forum:

Goal Setting - How to go about it?

The new year can be a great time to think about goals, but it can also bring a lot of pressure. Join our Live Forum to chat all about setting goals in a way that suits you.

7:30 to 9pm

January 10

Live Forum:

Houseplant Week - Growth through Growing

Did you know being around nature can benefit us in lots of different ways? Stop by this live forum to find out more and share some creative ways to explore plants if there's barriers in your way.

7:30 to 9pm

January 14

Discussion Board:

World Religion Day - Friends from Different Faiths

Religion can bring purpose, hope and community to many people! Come join us to celebrate diversity of all the different religions in the world!

January 14

Kooth Podcast:

What to do when things feel a little unsafe.

Sometimes the world can feel a little unsafe at times and it's completely normal to feel that way. In this podcast we're going to be chatting about how to look after ourselves during these times, as well as our favourite Kooth articles, discussion board and podcasts that you can help to check out.

January 19

Live Forum:

Celebrating our Civil Right

Help us acknowledge Martin Luther King Day whilst we celebrate and explore civil rights in the UK in this live forum.

7:30 to 9pm

January 20

Discussion Board:

Have a Hug on Us!

Hugs have been off the menu for many of us this past year, so to mark National Hug Day, stop by to hear different ways we can safely show our affection to those near and far. We'd love to hear your ideas!

January 24

Live Forum:

Brew Monday- Tips for Feeling Down

Feeling down this "Blue Monday"? Grab a brew, if you'd like to, and join the conversation in this live forum all around ways to look after ourselves especially when we're feeling blue.

7:30 to 9pm

Find all of this & much more on **Kooth.com**



CAN YOU HELP ?

WOULD YOU LIKE TO BE PART OF THE TEAM?

Becoming a Wellbeing Ambassador is an important opportunity for you to help improve mental health and wellbeing of other young people in school.

You will become a role model to others.

You will learn ways to improve wellbeing and strategies to reduce stress. You will then be able to use these skills to help others in school.

Two students from each year group will be chosen



Each year two more students from each year group will be chosen, this will form a large group of peer wellbeing support at HTA



Holy Trinity Academy are recruiting for Mental Wellbeing Ambassadors! If you feel you are the right person for the role, please follow the recruitment instructions. Mrs Handy is look forward to reading your application forms.

**Deadline for
application forms:
Friday 27th January**

Ambassador Skills



- Listening
- Non judgemental
- Motivated
- Empowering
- Supportive
- Responsible
- Reliable
- Good communication



So, what's involved?

If you are interested...

- Collect a personal profile application form from Mrs Handy
- Fill out your form using the guidance notes to help and hand this back in to Mrs Handy
- Once the deadline for the forms has been reached the forms will be looked at and a short chat will be had with you by Mrs Handy and one more pastoral officer to ask a few more questions.
- Students will then be chosen to be the wellbeing ambassadors for their year group

The successful candidates will then get:

5 hours worth of training with a booklet to make notes in

Achievement points for taking part in meetings



Wellbeing ambassador badge

A Certificate



Looking after your wellbeing



Mrs Handy will have 1:1 and group slots available for students to have some extra support with their mental wellbeing.

	Monday	Wednesday	Thursday
Before school		Drop ins- 8.00am - 8:20am	
After school	1:1 mental wellbeing support slots		1:1 mental wellbeing support slots

- Stress and anxiety support
- Self-esteem intervention
- Mindfulness
- Managing exam worry
- Emotions and feelings

Please speak to Mrs Handy or use the Heart system with your name if you are interested in staying after school for support



Parents

Please remember to update your 'digital publicity' consent on Edulink/Forms



Top tips on how to talk to your children about their feelings

It can be so tricky to bring up difficult topics, and talking about emotions with your children can sometimes feel more than a little daunting for parents and carers. You may worry about saying the wrong thing, making your child feel uncomfortable, and even worry about making them feel worse. But the fact you want to explore emotions with your child is enough, even if sometimes it doesn't go as you planned!



http://holytrinity.academy/wp-content/uploads/2022/01/Parent_and_Carers_Infographic.pdf

From Tuesday 11th January, a confirmatory PCR test is not required after a positive Later Flow Test (LFT). Please continue to test at home and report positive LFT results in the normal way



Parents, Please Note

If your child arrives late to school and they are on their bike, it will have to be left outside the school gates at your own risk.

We are unable to accommodate them in school.