



# HOLY TRINITY ACADEMY

## PARENT WEEKLY BULLETIN

Week commencing Monday 31st January 2022

### Whole School Spirituality

#### Faith & Rejection

When you have been away from home for a while, say to university, and then return, then you can find that things are a little different.

Sure, your family welcome you back but when you find that your bedroom has been handed over to one of your younger siblings or rented out to a lodger, then it can take some readjustment.



This week sees us reflect on the Scripture passage where Jesus returns home to Nazareth ... to the people that knew Him when He was young. He has been away and now He's back. However, they refuse to accept that He has changed and still see Him as the 'carpenter's boy'.

When He tries to convince them that He is no longer the boy they knew, they are having none of it.

When people refuse to acknowledge the positive change in ourselves, it is difficult. There is a feeling of being rejected. So, the message this week is to accept people for who they are.

[Mr Doust]



# Obligatory

Required by a legal, moral, or other rule;  
compulsory

## HPL FOCUS

### Complex and multi-step problem solving

The ability to break down a task, decide on a suitable approach and then act



High  
Performance  
Learning

As a High Performance Learning Pathway School we will be sharing with you "Top Tips" on how you can support you child/ren with developing the High Performance Learning skills at home.

There are 30 of these skills broken down into the two categories of Advanced Cognitive Performance Characteristics (ACPs) and Values, Attitudes and Attributes (VAAs). This fortnight we look at the ACP of **Complex and multi-step problem solving**.  
*(The ability to break down a task, decide on a suitable approach and then act)*



### Top Tips on..... Complex and multi-step problem solving

1. Encourage planning for completing tasks. For example, let's work together to fix the tyre on your bike, what's the plan? Where do we start? What are the steps?
2. Make lists. We're going to do the weekly shop, list what we need. Can you create the list in order of the items in the supermarket?
3. Create a step-by-step approach to planning for a big event. This could be 'real life' but it doesn't have to be e.g birthday
4. How would you create instructions to enable someone to play your favourite game if they've never played it before?
5. Create a life size plan for something. Being able to have the space to map out steps can be very useful in enabling a child to think out the steps that are needed for something to happen or something to be achieved. Use images as well as words on your plan.

# Careers and Education Information and Guidance Update



## NATIONAL APPRENTICESHIPS WEEK

7th to 13th February 2022

- Leading up to National Apprenticeships Week, we will be shining a spotlight on apprenticeships and how they can help your child to achieve their potential
- This week, the focus is on **how to help your child with the application process**. The link below takes you to the EventBrite website through which you can sign up to a free seminar on Saturday 9th February 9am-10am

<https://www.eventbrite.co.uk/e/helping-my-child-with-an-apprenticeship-a-seminar-for-parents-carers-registration-245863172367?aff=ebdssbonlinesearch>



## CROSSBAR COLLEGE OF SPORT 2022-2023

- An exciting opportunity is available at Crossbar College of Sport, a 36 week programme based at Lilleshall National Sports Centre in which **current year 11 students** can gain practical experience coaching in schools as well as working towards professionally certified qualifications
- Please see flyer attached for more information



## UNIFROG KNOW-HOW LIBRARY

- The UniFrog website has a range of useful articles to help students manage their academic life whilst beginning to branch out into the wider world of work
- Follow the link to access a variety of guides on topics such as **'managing workload', 'email etiquette', 'volunteering', 'getting a job while you're at school'** and many more

[www.unifrog.org/student/know-how](http://www.unifrog.org/student/know-how)



# CROSSBAR COLLEGE OF SPORT 2022/23

The 36-week programme is run alongside practical schools coaching and a wide-ranging enrichment programme including:

- Level 2/3 Certificate in Physical Education in School Sport
- Level 2 Award in Multi Skills Development
- Level 2 Certificate in Coaching Sport and Physical Activity
- Work Experience with Crossbar
- Functional Skills
- Employability

## Additional Skills:

- Safeguarding
- Mental Health Awareness
- Emergency Aid
- Opportunity for paid work during holidays



Based at Lilleshall National Sports Centre with FREE transport from pick up points in both Shrewsbury & Telford. Gain the skills to become work ready for future pathways, including opportunities for Apprenticeships and Employment in the Sports Sector.

**APPLY NOW FOR SEPTEMBER 2022**

01952 677965 [admin@crossbareducationandtraining.com](mailto:admin@crossbareducationandtraining.com)

## School Nurse Drop-In **NHS**



Jay Burley, the School Nurse will be here in school every other Monday for two hours during lunch as a drop-in for students. The first drop-in will be Monday 31st January then every other week (Week One on the timetable.)

She can be found next to the Pastoral Department.

## WARNING FOR PARENTS



Yubo is a social media app that allows users as young as 13 to create a profile, share their location, view other users' profiles in their area and view livestreams. Substance use, profanity, racial slurs and scantily clad people are a common occurrence. *Age limit 17+*

This week all of our students took part in a virtual information session with the BEAM wellbeing team who offer a drop-in service between 10am and 4pm Monday to Friday at 9 Market St, Wellington. For more info go to:



<https://www.childrensociety.org.uk/information/young-people/well-being/services/beam-shropshire-telford-wrekin>

and for session requests, book here:

[https://forms.office.com/Pages/ResponsePage.aspx?](https://forms.office.com/Pages/ResponsePage.aspx?id=SOAKNBzYq06IpLdJH6ikCJuiCVIXnBtAo_SGVJupzZUQjc0MjVNQjUxOE41MFczM0dMVTM2SIJNNSQIQCN0PWcu)

[id=SOAKNBzYq06IpLdJH6ikCJuiCVIXnBtAo\\_SGVJupzZUQjc0MjVNQjUxOE41MFczM0dMVTM2SIJNNSQIQCN0PWcu](https://forms.office.com/Pages/ResponsePage.aspx?id=SOAKNBzYq06IpLdJH6ikCJuiCVIXnBtAo_SGVJupzZUQjc0MjVNQjUxOE41MFczM0dMVTM2SIJNNSQIQCN0PWcu)

Parents of Years 10-13, please go to SMHW for useful advice on how to help your child deal with

## EXAM STRESS



# shout

# 85258

here for you 24/7

# What is SHOUT?

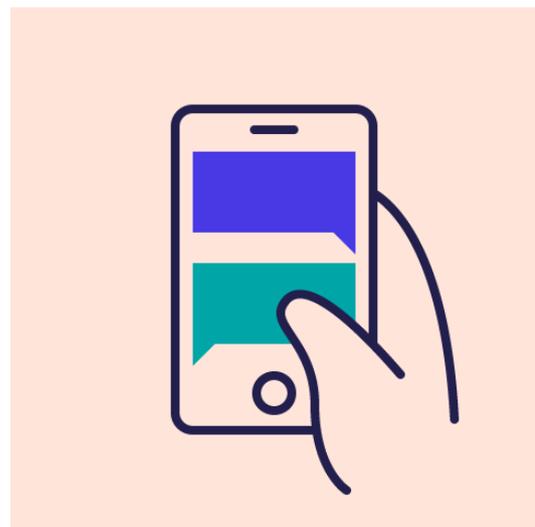
SHOUT 85258 is a free, confidential, 24/7 text messaging support service for anyone who is struggling to cope.

- It is 'silent' in a way that when you can text without others knowing who you are contacting unlike a phone call to a crisis line.
- It is led by trained volunteers and overseen by expert clinicians
- The service is completely confidential, no personal information is shared
  - Young people can text stop at anytime to end the conversation if they feel they don't want to talk any longer
- It is 'off bill' which means that the text number doesn't appear on phone bills
- The volunteers follow a step-by-step process to support young people, this includes signposting to further support



Text **SHOUT** to **85258**  
for free and confidential support

shout  
85258  
here for you 24/7



[www.giveusashout.org](http://www.giveusashout.org)



The History department would like to invite current year **9 GCSE History students** to a two day Medicine/Surgery based tour to the Somme and Ypres from Thursday 29th June to Friday 30th June **2023**.

This is a fantastic opportunity for students. The trip will involve travelling to Belgium and France to see a range of historical sites associated with the First World War. The focus of the trip will be to support the GCSE Medicine course, the historic environment.

The trip has been a great success in the past and is run by the well regarded Anglian Tour company.

Letters with detailed information about the trip have been sent to parents via Edulink. Please note the deadline for the deposit is the **25th February**.



## Parents

Please ensure that your child's ParentPay account is in credit at all times and that there are sufficient funds for their purchases.

Mellors Catering Services do not facilitate credit.

Please note: Crediting might not be instant so allow good time for funds to reach the account.

Thank you.



Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Dish</b>	Turkey meat balls with Stir Fry noodles	Chicken biryani, homemade naan bread and chilli and coriander chutney	Roast chicken, sage and onion stuffing and gravy served with crispy roast potato	Beef bolognaises pasta bake 	Crispy battered fish goujons with chunky chips
<b>Vegetarian Main Dish</b>	Vegetarian sausage and bean gratin with garlic and herb potatoes	Cheese and Broccoli Quiche	Lentil and cheese hot pot with Roasted potato	Squash and chickpea Balti with pilau rice	Mexican Quorn™ burrito with homemade guacamole and salsa 
<b>Accompaniments</b> 	Steamed broccoli Carrots Salad bar	 Green beans New Potatoes Salad bar	 Roasted parsnips Sautéed leeks Salad bar	Crisp mixed salad Garden peas Salad bar	 Crushed minted peas Sweetcorn Salad bar
<b>Hot Handheld special</b>	Crispy bacon, lettuce, and tomato ciabatta with Cajun wedges	Pepperoni Pizza	Chicken gyros in wholemeal pitta bread, green salad 	Veggie Goujon Wrap and Mixed Salad	spicy chicken and vegetable noodles
<b>Street Food</b>	Pomodoro Pasta	Vegetable Meatball Pasta	Beef Keema and Yellow Rice	Classic Margherita pizza	Piri Piri pork with apple and fennel slaw on a toasted brioche bun 
<b>Jacket Potato</b>	Grated Cheese Or Baked Beans	Tuna Mayo or Grated Cheese	Coleslaw Or Baked Beans	Grated Cheese or Tuna Mayo	Baked Beans Or Coleslaw
<b>Dessert</b>	Selection Of Tray Bakes and Fresh Fruit	Selection Of Tray Bakes and Fresh Fruit	Selection Of Tray Bakes and Fresh Fruit 	Selection Of Tray Bakes and Fresh Fruit	Selection Of Tray Bakes and Fresh Fruit