



HOLY TRINITY ACADEMY

PARENT WEEKLY BULLETIN

Week commencing Monday 27th September 2021

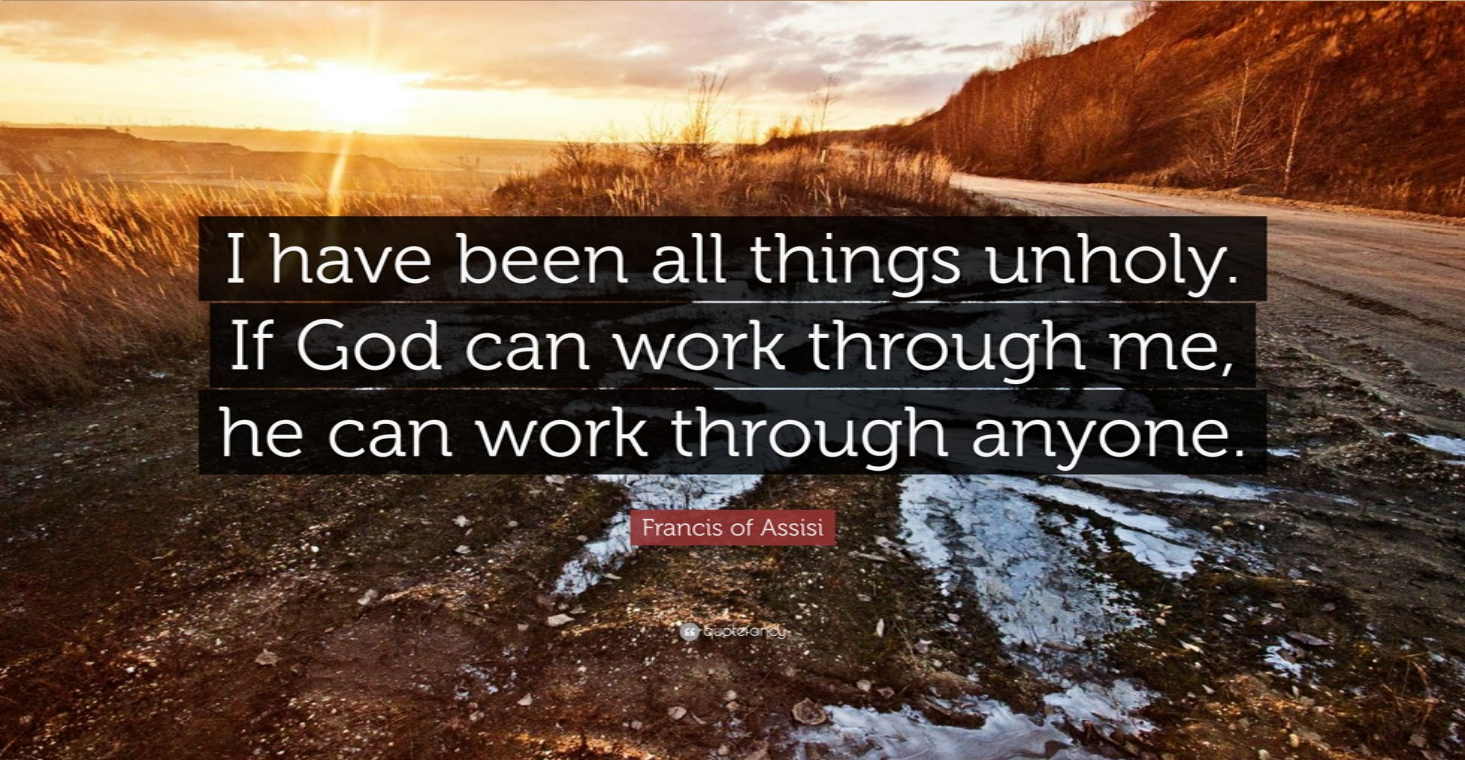
Whole School Spirituality

Everyone Can Work For The Lord

I like crisps. Barely a day goes by when I won't, at some point, consume crisps. I shouldn't eat so many, but there is something [perhaps the salt!] that just makes them quite hard to say no to. And it doesn't get any easier with chips! I should cut down, but I'm just not ready to ... I will have to motivate myself over this one. For you, it may be chocolate or coffee ... at the end of the day, so long as it doesn't do us harm, then it should be okay, shouldn't it?

However, there are other things in our lives that perhaps we should cut back on ... selfishness, greed, a lack of patience, hypocrisy. Whatever our own shortcomings, this is what the scripture is teaching us this week. If there is something that stops us from being the best person we can be then we should get rid of it from our lives. If it stops us from being close to God and doing His work, being His true representatives on earth, then it needs to go. Only then can we truly work for the Lord. And anyone can do this ... you just need the will power, strength and motivation to do so ... and that's what I pray for!

[Mr Doust]



I have been all things unholy.
If God can work through me,
he can work through anyone.

Francis of Assisi

A reminder about twice weekly Lateral Flow Testing at home

(Test kits available in school)

HOWEVER

**Lateral flow tests should not be used if
students have any covid symptoms**

- Cough**
- Temperature**
- Loss of taste or smell**

Students with any of these symptoms should

- NOT attend school**
- Book at PCR test**
- Isolate until the PCR test result arrives**

Year 11 After School Revision

The Year 11 After-School Revision timetable is as follows:

Day	Department request
1 Mon	Health and Social, Art
1 Tues	Maths
1 Thurs	Computer Science, D&T / Engineering
1 Fri	
2 Mon	Business, Art
2 Tues	Maths
2 Thurs	D&T / Engineering
2 Fri	

This timetable will start from
Monday 20th September





Elaboration

An elaboration is a statement that
adds additional information

HPL FOCUS

Fluent Thinking

The ability to generate ideas



High
Performance
Learning

As a High Performance Learning Pathway School we will be sharing with you "Top Tips" on how you can support you child/ren with developing the High Performance Learning skills at home.

There are 30 of these skills broken down into the two categories of Advanced Cognitive Performance Characteristics (ACPs) and Values, Attitudes and Attributes (VAAs). This fortnight we look at the ACP of **Fluent Thinking** (*the ability to generate ideas*)



Top Tips on.....Fluent Thinking

1. Encourage the rethinking of ideas, so not settling for the first idea as thinking this is the best one.
2. Encourage listening to others in order to collaborate on ideas e.g. brainstorming
3. Encourage independent brainstorming – recent research is suggesting that this is most productive
4. Encourage your child to come up with as many answers to the same question as they can
5. Discuss how you generate ideas when faced with different situations at work or at home

With our recent accreditation as a
World Class High Performance Learning school,
I am seeking more parents to join our HPL parent working group.

It is an opportunity to consider strategies, ideas and experiences to
support our students on their High Performance Learning journey.


My intention is that we meet once a term for approximately
45mins-1hour.

Last year we met online and it worked well so I intend to continue with
this model for this year. If you would be interested in joining us please
do get in touch via an email to enquiries@holytrinity.academy putting

FAO Mrs Smith in the subject heading and

I will make contact with you.

Thank you



The Reverend Debbie will be holding an Anglican
Communion Service on Monday 18th October....

All pupils of any denomination or none are
welcome. The service is from 10.30 - 10.55am
(break will follow from 10.55 - 11.10am).

Students to sign up through their form tutors.







WELCOME TO Mellors Catering Services



MENU

TRY OUR STREET FOOD GRAB AND GO
FOR HEALTHY MEALS ON THE GO



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish	Pork sausage, red onion gravy and champ mash potato	Fiery Mexican chilli, brown rice, sour cream and salsa	Apple glazed roast pork, crispy roast potatoes and gravy	Chicken Singapore noodles	Crispy battered fish with chunky chips
Vegetarian Dish	Sweet potato and squash stew with pea and mint couscous 	Quorn™ and vegetable lasagne with crusty garlic and herb bread	Cheesy potato and leek pie topped with puff pastry served with crispy roast potatoes	Aubergine and chickpea <u>Dhansak</u> , pilau rice and cucumber raita 	Falafel in a wholemeal pitta, crunchy slaw and chunky chips
Accompaniments 	Roasted root vegetables Braised red cabbage Salad bar	Crisp mixed salad Corn of the cob Salad bar	Steamed carrots and broccoli Salad bar	Green beans Roasted butternut squash Salad bar	Garden peas Crisp mixed salad Salad bar
Street Food	Italian meatballs in tomato sauce with wholemeal pasta	Sweet potato and vegetable <u>masala</u> , <u>Bombay</u> potatoes and coriander and green chilli chutney	Chicken and bacon pasta	Red Thai chicken curry with steamed rice	Vegetarian pasta bolognese
Hot handheld special	Turkey meatball sub	BBQ Chicken pizza	Slow roasted pulled pork brioche, red slaw, gherkins and home pickled red onions 	Roasted vegetable pizza	Jumbo hot dog & fried onions
Jacket potato	Veggie stew or baked beans or grated cheddar or slaw	Veggie stew or baked beans or grated cheddar or slaw	Veggie stew or baked beans or grated cheddar or slaw	Veggie stew or baked beans or grated cheddar or slaw	Veggie stew or baked beans or grated cheddar or slaw

Parents

Please ensure that your child's account is in credit and that there are sufficient funds for their purchases.

Thank you



PUPIL PREMIUM

Breakfast meeting for Pupil Premium (**not Services**) parents:
Wednesday 29th September at 9.00 am

I am writing to invite you to a breakfast meeting for parents of students in receipt of Pupil Premium funding.

The purpose of the meeting is to introduce you to key members of staff who will support your child at HTA.

We will also share with you details of the support that your child is entitled to as well as seek your views about how we might best support your child. Technical staff will be available to offer support with Edulink, SMHW, GCSE Pod and the parent's evening booking system.

Further details can be found on the letter on Edulink.

Please note that younger children are very welcome to attend.

If you are able to attend the meeting, please contact the school as soon as possible so that catering and free resources can be made available.

Mrs Woodvine
Lead Teacher for Pupil Premium





Football Trials



There will be a Football Trial
Year 7 v Year 8
on Monday 27th September,
2.40 - 3.40pm
during football training.

Anyone wishing to be considered for these
teams must attend the trial



Homework Club for SEN students will run every day
from 2.40pm until 3.20pm in Room 338.
Any student on the SEN register can attend.



We would like to thank all parents for their
continued efforts on ensuring that students are
complying with uniform and appearance
standards. Please note:

- Trainer socks are not allowed
- School trouser length must sit below
the ankle

Thank you

UNIFORM AND APPEARANCE

Trousers

Dark grey tailored school trouser with a length that go below the ankle bone. Year 7&8 trousers to have school logo



Trousers

No back pockets, no buckles, no fancy belts, not skinny fitted or sit above the ankle bone



Skirts

Tartan skirt – knee length.



Skirts

No fitted skirts or skirts that are higher than knee length.



Socks/Tights

With skirt : navy socks or tights



With trousers: grey or black



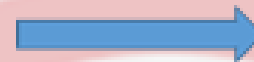
Socks/Tights

No trainers socks, no over the knee socks



Make up

No make- up allowed at all



Make up

No false tan, no tinted moisturiser, no mascara, no tinted eyebrows or lashes, no lipstick, no false eyelashes. No false nails or nail varnish.



Hair Standards

Natural colours, natural extensions, number 2 or above



Hair Standards

No extreme styles, No unnatural colours, no dip-dyes, no lines, no skin fades, no engraved,



Jewellery

One pair of small gold or silver plain studs in the lower ear lobe



Jewellery

No rings, no chains, no bracelets, no facial piercings, no upper ear piercings, no sparkly earrings.



Shoes

Plain black school shoes



Shoes

No trainers, no pumps, no ballet shoes, no ornamentation, no colour trim



Coats

Plain dark outer coat over blazer



Coats

No hoodies, sports tops, or multi coloured coats. No coats to be worn inside the building.





Brasenose College

UNIVERSITY of OXFORD

Our Year 12 students recently visited Brasenose College in Oxford as part of their Sixth Form Induction with a tour of the college and a presentation by the Admissions Team about university life, courses, applications and opportunities. During their stay they had a tour of the Oxford Union, a visit to the famous Blackwell's Book Shop and the Oxford Natural History Museum.

Oxford University
Museum of
Natural
History



Their evening there consisted of some fine dining at McDonalds (*other fast-food outlets were available*) and some down-time in the common room. Our students, as always, were a credit to Holy Trinity Academy and we thank Brasenose College for such a welcoming and informative visit which has left our Sixth Form students enthusiastic and inspired as they enter the next chapter of their education.



Mental Wellbeing

Theme of the week: Self-care

Fuelling your body with food

As a teenager, your body is going through many physical changes – changes that need to be supported by a healthy, balanced diet.



Be kind.
Be patient.
Be generous.
Be accepting.
Be all of these things
to yourself.
That is where
it begins.

Seed & Song



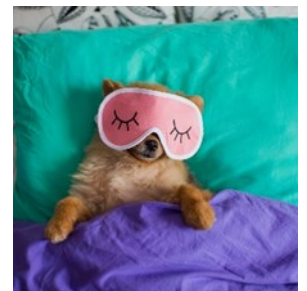
staying hydrated

Its important you drink fluids regularly.

- Bring a water bottle to school
- Have a drink at lunchtime
- Have a drink during and after exercising



Good **friends** loyal and accept you for who you are during the good and bad times. Good **friends** are also honest — honest enough to tell you when you're not being a good **friend**. Some people only want to surround themselves with people who will tell them what they want to hear.



Sleep

A minimum of 8-10 hours' good sleep on school nights is recommended for teens



Being kind to yourself keep both mind and body strong and healthy. We give best out of our wholeness. Those best equipped **to be kind to** others are those who are **kind to themselves**.

Self-kindness includes self-care.

Looking after your wellbeing



Every Monday Mrs Handy will have 1:1 and group slots available to book between

14:40-15:15

for students to have some extra support with their mental wellbeing.

- Stress and anxiety support
- Self-esteem intervention
- Mindfulness
- Managing exam worry
- Emotions and feelings

Please speak to Mrs Handy if you are interested in staying afterschool for support..