



Corpus Christi

Without that cup of tea or coffee first thing in the morning, it's like I can't function. I'm a different person once I have had my caffeine fix. I have heard other people say that they cannot get through the day without a bar of chocolate (or three!). For some, physical exercise is always a must. And although it differs for everyone, there is always something that people need to get them through the day.

The same is to be said about Corpus Christi [the Body of Christ]. Christians view this as source of spiritual fuel / food. It is what gets us through the day or through the week. It replenishes us and nourishes our soul ... and our spiritual nature needs fuelling as much as our bodies.

So this week sees us focus on how we can feed our soul and not just our stomachs!

[Mr Doust]

Scripture:

But Christ has come as the high priest of the good things we now have. The tent he entered is greater and more perfect. It is not made by men. It does not belong to this world. Christ entered the Most Holy Place only once - and for all time. He did not take with him the blood of goats and calves. His sacrifice was his own blood. He entered the Most Holy Place and set us free from sin forever. The blood of goats and bulls and the ashes of a cow are sprinkled on the people who are unclean and this makes their bodies clean again.

How much more is done by the blood of Christ. He offered himself through the eternal Spirit as a perfect sacrifice to God. His blood will make our hearts clean from useless acts. We are made pure so that we may serve the living God.

So Christ brings a new agreement from God to his people. Those who are called by God can now receive the blessings that God has promised. These blessings will last forever. They can have those things because Christ died so that the people who lived under the first agreement could be set free from sin.

**Prayer:**

Soul of Christ, sanctify me.

Body of Christ, save me.

Blood of Christ, inebriate me.

Water from the side of Christ, wash me.

Passion of Christ, strengthen me.