

## **PASTORAL LIFE**

Getting the balance right between the academic life and non-academic life of the school is extremely important. You only have two years with us and whilst that may seem like a long time, it will soon pass.

Holy Trinity Academy therefore regards it as part if its mission to help prepare Sixth Form students for the world that awaits them when they leave us at the end of Year 13. We attempt to equip them with some of the skills and knowledge needed for life in general.

Therefore, all Sixth Form students have the opportunity to participate in our 'Life Skills' programme designed to do just that. Every fortnight, there are practical workshops for them to attend that address some or all of the following areas in life ...

**Cycle Repairs Personal Finances Basic Sewing & Knitting Building & Putting Up Shelving** Self-Defence First Aid Basic Sign Language Car Maintenance Introduction to Tiling Introduction to Sanding & Painting **Basic Plumbing** Introduction to Parenthood Stress Management Basic Garden Landscaping **Cooking Skills** CV writing Interview techniques

Depending on the structure of the timetable, time is also made for reading, university and apprenticeship applications and work experience.