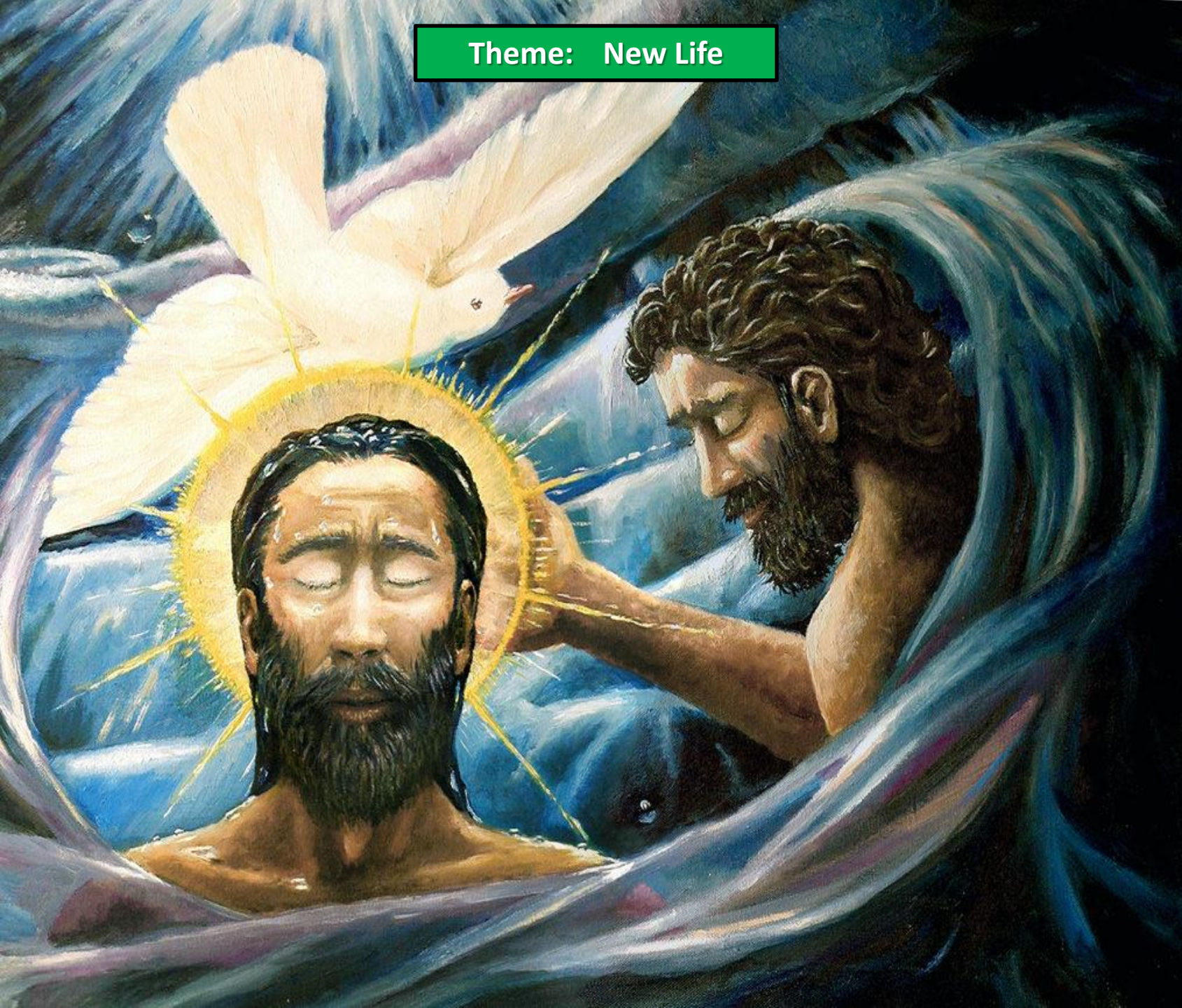


Theme: New Life



With the New Year having just rolled in, many of us spend a bit of time pondering our resolutions and what we can do to have a fresh start to the year and a change in our lifestyle. Some of these choices of resolutions are through preference, others through necessity.

Christ's life changes at the moment of His baptism. There is a new start, a new life, a new mission for Him. His realisation as to His true identity is his launchpad for His new life.

So our focus this week is on how we can have a fresh start ... perhaps our resolution could be to include Christ more in our daily lives ... to simply be the best human beings we can be.

[Mr Doust]

Pope Francis:

'Today, the Lord calls us to build our Christian life on Him, the rock, the One who gives us freedom, the One who sends the Spirit, that keeps us going with joy, on His journey, following His proposals.'

Prayer:

Lord of all time and eternity, you opened the heavens and revealed yourself as Father in the baptism of Jesus your beloved Son: by the power of your Spirit complete the heavenly work of our rebirth through the waters of the new creation; through Jesus Christ our Lord.
Amen.

Scripture:

The Lord says, "All you who are thirsty, come and drink. Those of you who do not have money, come, buy and eat! Come buy wine and milk. You don't need money; it will cost you nothing.

Why spend your money on something that is not real food?

Why work for something that doesn't really satisfy you? Listen closely to me, and you will eat what is good. You will enjoy the food that satisfies your soul.

Come to me and listen. Listen to me so you may live.

