

# PARENT NEWSLETTER



Week beginning  
Monday 4th  
January 2021  
Week 2

## Whole School Spirituality

*Every January, people begin their new year with resolutions, whether it be losing weight, eating more healthily, exercising more or being more organised.*

*So what about making spiritual New Year's resolutions, for example, decluttering our mental and emotional state and getting rid of the distractions that deter us from focussing on what really matters.*

*Reduce the time you spend watching television, playing video games or scanning social media. Replace that time with something that you know will truly make you a better person.*

*Be forgiving and actively show more kindness, not just to the people around you but to yourself too.*

*"You crown the year  
with your goodness  
and your paths drip  
with abundance"*

*Psalm 65:11*

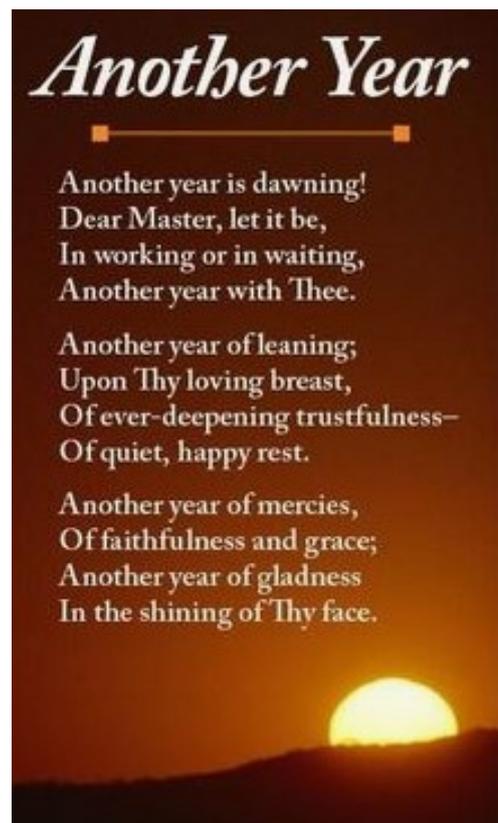
## Happy New Year

### *Another Year*

Another year is dawning!  
Dear Master, let it be,  
In working or in waiting,  
Another year with Thee.

Another year of leaning;  
Upon Thy loving breast,  
Of ever-deepening trustfulness—  
Of quiet, happy rest.

Another year of mercies,  
Of faithfulness and grace;  
Another year of gladness  
In the shining of Thy face.



# Safeguarding

Talking about difficult topics:

As parents there are lots of topics that are important to discuss with you child. Sometimes these conversations can be uncomfortable or not received well.

This article from NSPCC offers some helpful advice on how to have those difficult conversations with you child:

<https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/talking-about-difficult-topics/>

## PUPIL PREMIUM

### **A message for the parents and carers of our Year 7 Pupil Premium students**

You have been sent a link to two videos, explaining how Pupil Premium students are supported at HTA, and giving advice about remote learning; as well as a link to a short survey. We would be really grateful if you could take the time to watch the videos and provide some feedback via the survey please.

Completion of the survey will result in your name being entered into a prize draw for a £30 Amazon voucher.

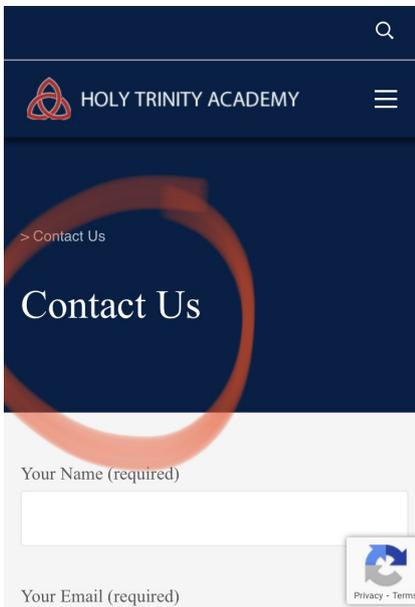
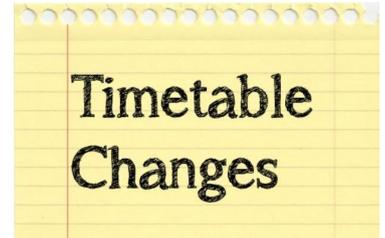
Thanks very much for your support,

Mrs Woodvine

Lead Teacher for Pupil Premium



Please remember to check EduLink for any timetable changes for January.



Please ensure that you contact the school via the 'Contact Us' form on our website to inform us of any positive Covid-19 cases during the holidays. Thank you.

Letters will be sent out to Year 7 parents in the New Year with further details of the forthcoming Arthog activities.



## Y8 Options



If any Y8 parent / student wishes to find out more about GCSE Business then please book an appointment with 'GCSE Business Information' through EDULink for the Parents Evening 13<sup>th</sup> January.

Dear Parents

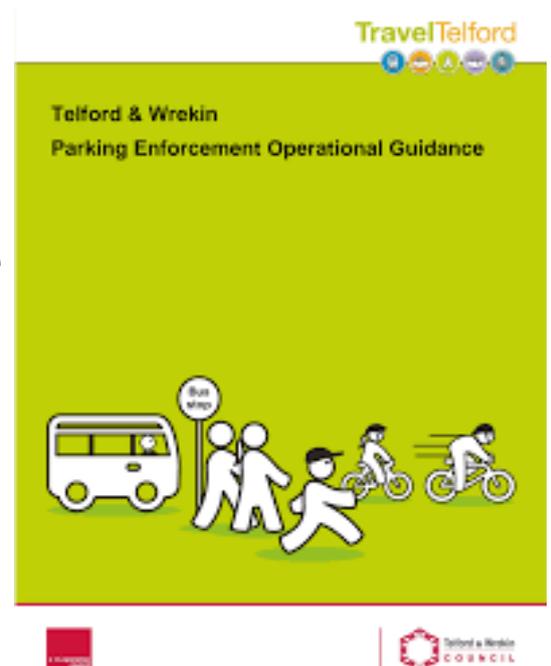
Throughout the term you will have seen a presence from Telford and Wrekin Council Traffic Enforcement Officers during drop-off and pick up times.

They have asked that we remind you not to park on the zigzags or the double yellow lines at any time as doing so will result in an 'on-the-spot' fine.

It was noted that some pupils are waiting to be collected in these areas so please instruct your children to wait for you outside of these zones.

We would like to thank you for your co-operation with them as they work to keep the traffic moving whilst ensuring the safety of everyone during these busy times.

Thank you



# How to Help Your Child at Home

## Modern Foreign Languages



### Advantages of learning a foreign language

creativity  
communication  
jobs  
travelling  
tolerance  
adaptability  
confidence  
culture  
memory  
multitasking  
achievement  
international friends

### Revision Techniques for Your Child. Encourage Them To...

- create mind maps to revise vocabulary;
- make revision cards before exams. try to use different colours to distinguish word class (noun, adjectives, verbs etc.);
- use 'look, cover, write' and check lists to practise spellings;
- ask a friend to choose one topic and try to talk about it for one minute;
- use sticky notes to revise key vocabulary and phrases;
- involve you in vocabulary testing: test how many words they can remember;
- find apps about learning languages to revise through playing games;
- play word association games;
- put up posters around your home (e.g. fridge, bedroom) with key verbs, tenses, etc;
- record answers on your phone and listen to them for 5-10 mins a day.

### Ideas to Support Language Learning

- Encourage your child to watch a TV show or a movie with subtitles in another language.
- Get books, films and magazines from abroad if you go on holiday.
- Get a subscription for a language magazine.
- Download interactive games about learning languages.
- Ask your child to teach you to say something in the foreign language every day.
- Encourage your child to look for most popular singers and bands from other countries and play music in the foreign language at home.

### Strategies for Using a Dictionary or Online Translator

- Words usually have more than one translation. Read them all and decide which one works best for you!
- Check the grammar basics: is that word masculine or feminine? Plural or singular?
- Some online dictionaries also provide an audio version with the pronunciation. Listen to it and try to repeat it.
- Remember: be careful with online translators, they usually make no sense if you try to translate full sentences!

### Do you want to find out more?

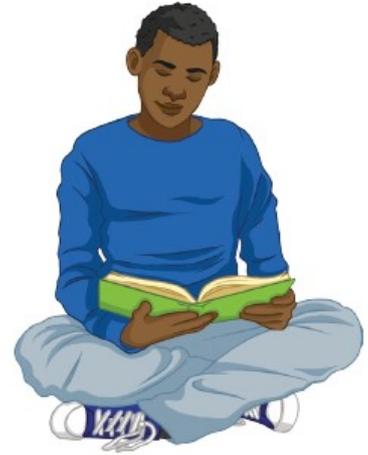
Have a look at this: [www.twinkl.co.uk/resource/t3-c-137-free-secondary-mfl-taster-resource-pack](http://www.twinkl.co.uk/resource/t3-c-137-free-secondary-mfl-taster-resource-pack)

# My Top Reading Strategies

## Student Checklist

### General Tips

- Read the instructions for each question very carefully.
- Look for clues, such as the title and any pictures.
- Read for gist first.
- Look at the mark scheme to see how many details you need to give.
- Manage your time – give yourself enough time to read through at the end and check your answers.
- Leave questions you find more challenging and go back to them later.
- Tick the required number of boxes.
- Make notes on the sheet if you need to.



### Bonne chance !



### Focus on Language

- Look for cognates.
- Listen out for key words.
- Watch out for false friends (faux amis). For example, le travail = work, not travel; sensible = sensitive, not sensible.
- Use your knowledge of grammatical markers, e.g. whether a noun is singular or plural, which person of the verb is being referred to.
- Be clear on whether you need a verb, noun or adjective in gap-fill questions.
- Know your question words.
- In a longer text, the answers should appear chronologically (in the same order as the questions) in the text.
- Be clear on your negatives, e.g. ne ... pas; ne ... jamais; ne ... rien; ne ... aucun(e); ne ... plus.
- Look for word patterns; for example, -ment corresponds to the English '-ly' (rapidement, normalement).
- É sometimes translates as 's' in English. E.g. une école = school; un(e) étudiant(e) = student.

## Virtual Museum Visit

# NATIONAL ARMY MUSEUM

Year 10 students have attended the National Army Museum for a virtual visit. The focus of the event was the History of Medicine which forms an important part of the GCSE History course. The main topic looked at was Trench medicine: Illnesses, injuries, and their treatment.

The pupils looked at individual case studies of soldiers who had been injured and those who cared for them.

They watched a presentation from the museum and took part in a zoom call. The information provided was very useful and a great introduction to this part of the course.



Pictured are Beth and Olivia from the National Army Museum

This Spring term, Year 7 & 8 students will be participating in the following sports:

Basketball - Normal PE kit

Football - Don't forget  
boots and shin pads

Hockey - Don't forget shin pads and gum shields



*Please ensure that you have all your PE equipment with you for each lesson, in the event that the sport is changed due to weather etc..*

Thank you  
PE Dept

146

Puzzle  
Number

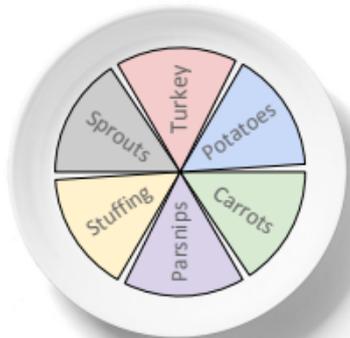
# PUZZLE OF THE WEEK

Entries open: Mon 14th Dec

Entries close: Sun 20th Dec



scan to enter



There are six items to put on the plate as shown above.

Karen is arranging the plates for christmas dinner.

Naomi wants the turkey to be next to the stuffing.

Dave doesn't want his sprouts and parsnips to be next to each other.

Will hates it when two things that start with the same letter are next to each other.

Karen wants everybody's plates to be the same and to make everyone happy.

Plates are arranged differently if they cannot be rotated to be the same.

**How many different ways could Karen arrange the plate?**

**Extension:** What would the answer be if there was also Cranberry Sauce (as a 7th item on the plate)?

www.puzzleoftheweek.com  
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Puzzle created by Andrew Sharpe (@asharpeducator)

@puzzleoftheweek

Puzzle of the Week

Puzzle of the Week

@puzzleoftheweek

## Solution to Puzzle 145

Below is a link to the solution to last week's puzzle. You can find full solutions to over 100 other puzzles on [the Puzzle Library page](#).

**Solution PDF:** [https://drive.google.com/file/d/1uh16JhIS\\_ylbCLQCUoU72wiVILtKlBjT/view?usp=sharing](https://drive.google.com/file/d/1uh16JhIS_ylbCLQCUoU72wiVILtKlBjT/view?usp=sharing)



Exam certificates are now available for collection from Reception by ex-students. Please note that certificates must be signed for so it is not possible to post them. If anyone other than the student is collecting, they must produce signed permission from the student and be prepared to produce ID if requested by a member of the reception staff.

Please note that the reception is open daily until 3.30pm.

Many thanks

Mrs Nickless (Exams Officer)

# Mental Health and Well-being



**Closing date: Wednesday 6th January 2021**

After great success of raising money for the charity Young Minds for World Mental Health Day, we would like to continue raising awareness amongst young people in school.

We are running a competition for students to design a poster to promote healthy minds and awareness of mental health and show how we can look after our own and other people's mental health.

**The competition will run between  
Monday 14th December to Wednesday 6th January**



ALL students who take part will receive a mental health and well-being certificate along with 5 commendation achievement points

The top 3 winners will receive a prize and their posters will be displayed around school and on the school website.

Good luck to all who take part!

Please send entries to  
[enquiries@holytrinity.academy](mailto:enquiries@holytrinity.academy)



**PRIZES FOR 1st, 2nd and 3rd.  
Certificate for all students who enter.**

See over for guidelines .....

# Poster competition guidance for students

## What could I include?

- What is positive mental health and well-being?
- Sleep– why is it important?
- Social media– how could it affect our well-being?
- Exercise
- Friendships
- Worry
- Who could you talk to?
- How can we achieve good mental health and well-being?
- Mindfulness– What is it?
- How can we support others who are struggling with their mental health and well-being?
- Strategies



**Remember to make it bright, colourful and add pictures if you wish.**

The competition will run between  
Monday 14th December to Wednesday 6th January

Please send entries to [enquiries@holytrinity.academy](mailto:enquiries@holytrinity.academy)

ALL students who take part will receive a mental health and well-being certificate along with 5 commendation achievement points

The top 3 winners will receive a prize of a SIM card with data and their posters will be displayed around school and on the school website.

**Good luck to all who enter!**





# Exam Stress and how to cope with it

## From students to students

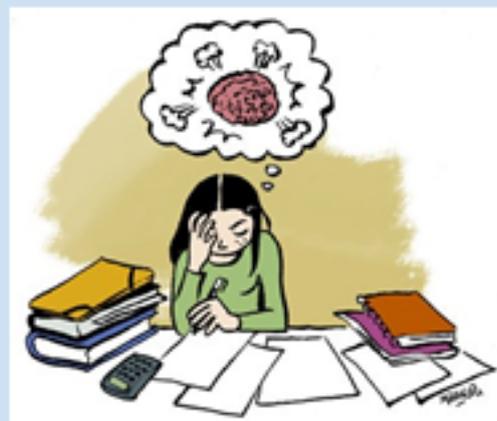
### Where to study?

Sit in the same place at the same time each day, this will allow your brain to associate that location with studying



### The Pomodoro Technique

Work for 25 mins then have a 5 min break (don't go on your phone. Go outside/ make a drink



### One step at a time

Take it one step at a time and try not to get overwhelmed

One step at a time is all it takes to get you there.

### Ask for help

- Speak to your subject teachers if you need some extra support with your work
- Ask parents/carers to help if they can

### Make a revision timetable

Use a revision timetable to manage your workload



**AVOID USING YOUR MOBILE PHONE WHILST STUDYING.**



Mobile phones are a big distraction

