



# Sacred Space

5th to 12th April 2020

HOLY TRINITY ACADEMY

## Time Capsule

Attached to your resources this week is a COVID 19 Time Capsule Log.

You may want to complete it yourself or with all the other members of your family over the next few weeks.

You can add your own pages as you go. Or include the reflective pages included in the Sacred Space ppt.

If you are printing the pages from the ppt remember to choose 'current page' only.



# Sunday Space



Today we celebrate the Triumphant Entry into Jerusalem. If we were able to go to church, this is the day that we would parade with blessed palms and sing Hosannah in hope for the coming Messiah.

It may seem really odd not to be going to church, churches didn't even close during the war, but we are in a very different place this Lent.

The people who waved their palms at Jesus felt that they were in a difficult place, finding it hard to follow their faith in freedom and without fear. Their palms leaves were an statement about who they were.

Outside the church building, we are still the Church, and we can still witness to the start of Holy Week, maybe by putting green branches in our window or by making something crafty to join the rainbows and teddies.

Holy Week is a very dramatic time and we are celebrating in a time that we will never forget - take time to include Jesus in all you do this week and we may have a memory of this time that sees us grow in faith.

# Sunday Space

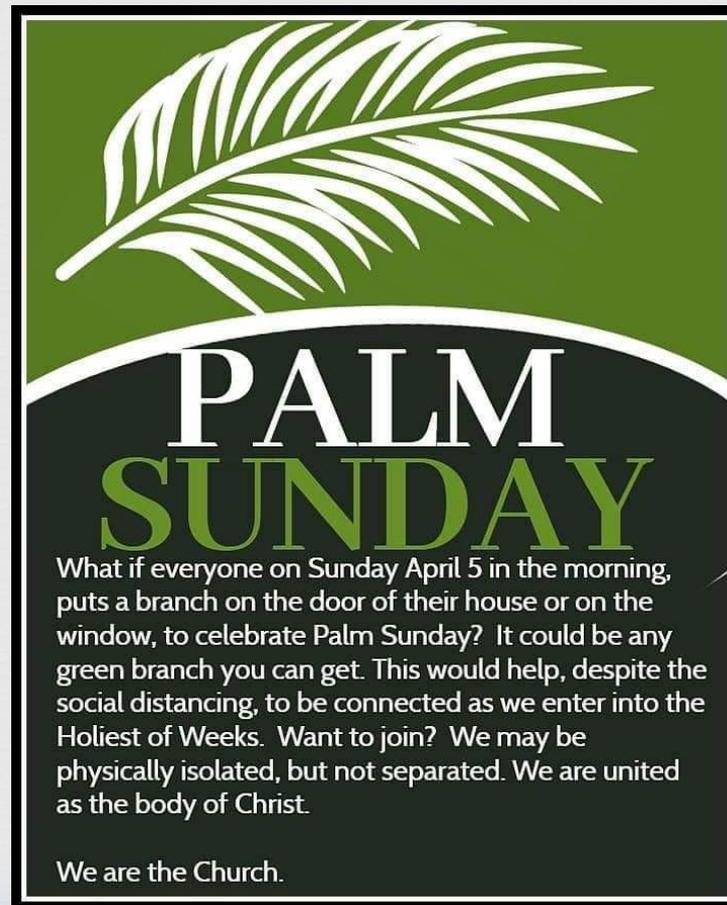


[Link to palm template to colour and cut out](#)  
[How to make a palm cross](#)

[Triumphant Entry into Jerusalem](#)

[The importance of Palm Sunday](#)

Wear RED – This week is full of passion so liturgical colour has changed to red.



**PALM  
SUNDAY**

What if everyone on Sunday April 5 in the morning, puts a branch on the door of their house or on the window, to celebrate Palm Sunday? It could be any green branch you can get. This would help, despite the social distancing, to be connected as we enter into the Holiest of Weeks. Want to join? We may be physically isolated, but not separated. We are united as the body of Christ.

We are the Church.



# Mindful Monday

THE  
GOD  
WHO  
SPEAKS



## Mary anoints Jesus

### I don't know how to love him

Mary brought in a pound of very costly ointment, pure nard, and with it anointed the feet of Jesus, wiping them with her hair; the house was full of the scent of the ointment. Then Judas Iscariot – one of his disciples, the man who was to betray him – said, 'Why wasn't this ointment sold for three hundred denarii, and the money given to the poor?' He said this, not because he cared about the poor, but because he was a thief; he was in charge of the common fund and used to help himself to the contributions. So Jesus said, 'Leave her alone; she had to keep this scent for the day of my burial. You have the poor with you always, you will not always have me.'

John 12



*Do you notice how the sense of smell is mentioned twice in this passage. Science believe that the sense of smell is the most important trigger to memory. This tells us that we should pay attention to everything that is happening this week. Jesus begins the week having to sort out an argument between his friends – it is not going to get any better.*

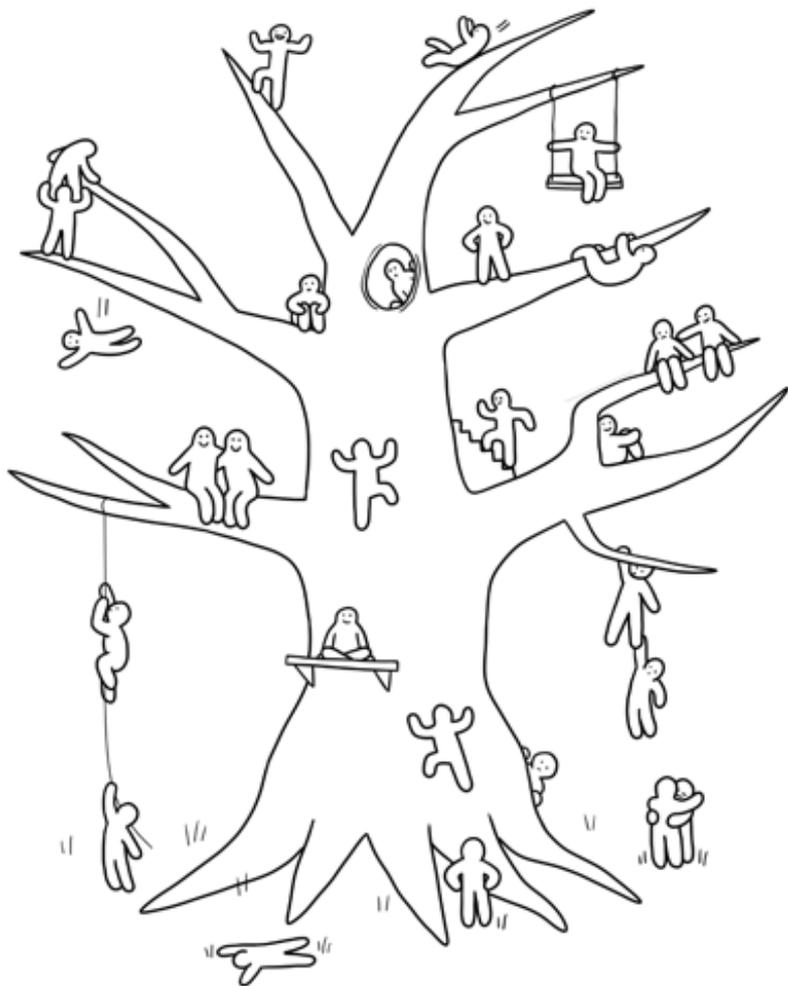
*Loving God, May everything I aspire to begin with your inspiration.*

*May everything you inspire in me be a reflection of your goodness. Amen*



## SELF IMPROVEMENT

Take a look at the people on this tree:



## TREE ACTIVITY

### FIRST

Colour in the person that represents how you feel at the moment.

### THEN

Colour in the person you'd like to be in one year's time.



Write three things you could do to reach that goal:

- 1)
- 2)
- 3)



Life is a wonderful journey of learning and growing, and we are always a work in progress. If we depend on God, and ask Him where *He* wants us to go, He will help us reach those goals.

"DEPEND ON THE  
LORD IN WHATEVER  
YOU DO, AND YOUR  
PLANS WILL SUCCEED"

PHILIPPIANS 3:12

Tell God about your hopes and goals – He cares about them!

Ask God which tree person He wants you to become.



# Thankful Tuesday



*“Simon Peter said, ‘Lord, where are you going?’ Jesus replied, ‘Where I am going you cannot follow me now; you will follow me later.’ Peter said to him, ‘Why can’t I follow you now? I will lay down my life for you.’ ‘Lay down your life for me?’ answered Jesus. ‘I tell you most solemnly, before the cock crows you will have disowned me three times.’ John 13*

Even though the end is put in motion, Jesus continues to teach his followers. And, even knowing that they will let him down, he loves them. God’s love is always ‘no matter what’. Knowing this we can follow Jesus even though we may make mistakes.

We often think about what we want. We rarely think about what we already have. Take a moment to count your blessings.

[Notice God in your life](#)



*Loving God*

*Thank you for all that I have and have not noticed. Thank you for the thoughtfulness of others. Help me to appreciate those who bring goodness into my life. Remind me to take nothing for granted. Amen*

# Wonder Wednesday



Midweek can seem mundane. It's good to take a moment and pay attention to the small but important something that may be in front of our eyes.

*Loving God Help me to see real wonder in my relationship with those around me. Help me to appreciate those who bring goodness into my life. Remind me to take nothing for granted. Amen*

Watch [Just one man](#)

Listen [I surrender](#)

*'The Lord has given me a disciple's tongue. So that I may know how to reply to the wearied he provides me with speech. Each morning he wakes me to hear, to listen like a disciple. The Lord has opened my ear.'* Isaiah 50

Living so closely together at the moment, we are reminded by Isaiah how important it is to bring God into our relationships with each other. To listen and take notice with a compassionate eye and ear, to speak with kindness and positivity. And to forgive as quickly as we can.

T.H.I.N.K.

Is what I'm saying...

True  
Helpful  
Inspiring  
Necessary  
Kind

(Ephesians 4:29)

[www.ArtisticHandsofFaith.com](http://www.ArtisticHandsofFaith.com)

be

KIND

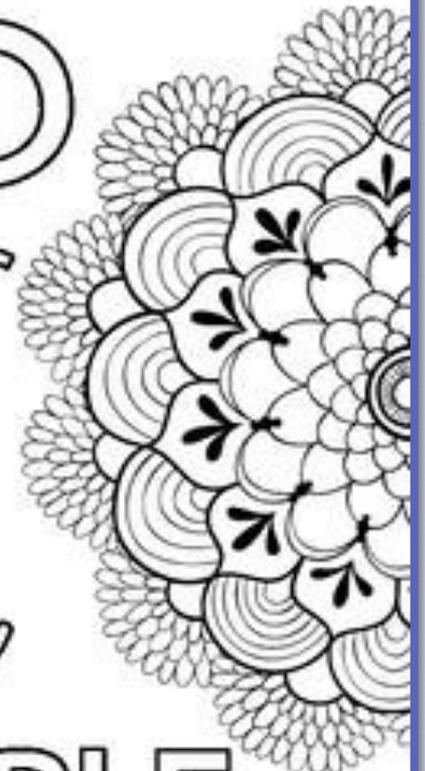
whenever  
possible.

it is

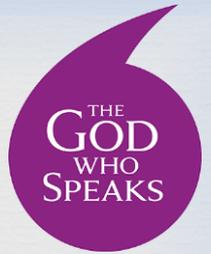
*always*

POSSIBLE.

-Dalai Lama



# Maundy Thursday



Maundy – comes from an old word meaning commandment. In John's Gospel, Jesus shows his friends how they are to continue his work by serving others –

*Love is an action not just a feeling. We have seen this in recent weeks, as people have gone out of their way to help others. We have also seen how important people who are part of the 'service' occupations really are.*

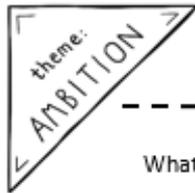
We are reminded not to overlook anyone or take them for granted.

[One Bread, One Body](#)

[The Last Supper](#)

*'Knowing that the time had come for Him to return to His Heavenly Father, Jesus and His disciples gathered to celebrate one last Passover meal together. Getting up from the table, He poured some water into a basin and, wrapping a towel around his waist, began to wash the feet of His disciples. When it was Peter's turn he tried to stop Jesus by saying, 'Lord, it is not right that you should be washing my feet.' But Jesus said to all of them, 'I, your Lord and Master, have washed your feet. I have shown you how it should be, so that you will go away and wash each other's feet.'*

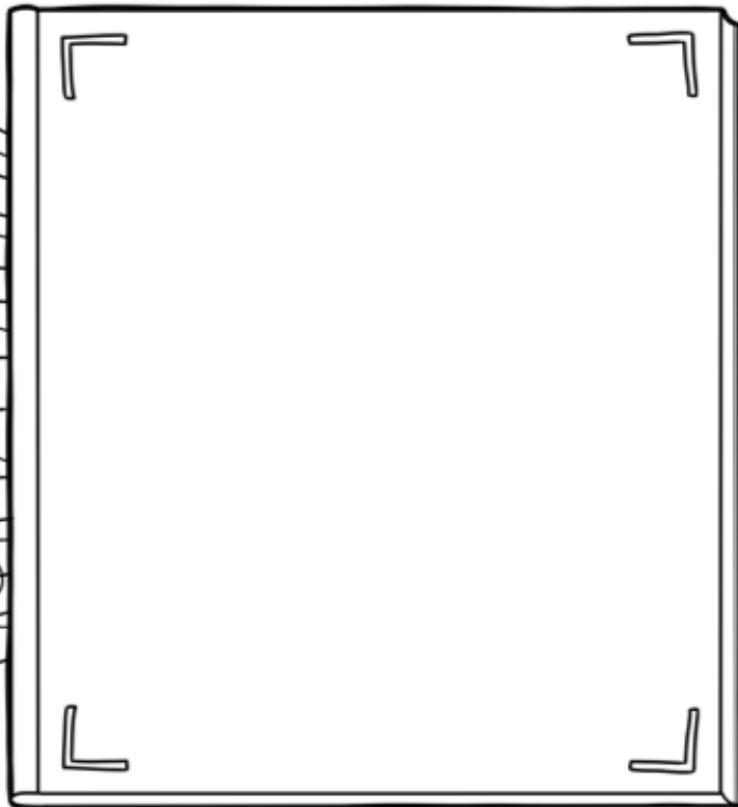
*John 13*



## LIFE TO THE FULL

What would the front cover of the book of your life look like?

Design it below:



If you could go on any adventure, what would it be?

.....  
.....



**"SET YOUR MINDS ON THINGS ABOVE,  
NOT ON EARTHLY THINGS"**

[Colossians 3:2]

This verse is all about perspective. When we get to the ends of our lives, what really matters? It's not the earthly things like money or fame or possessions – they all pass away with us. For Christians, the challenge is to stay focused on God because He will never pass away.

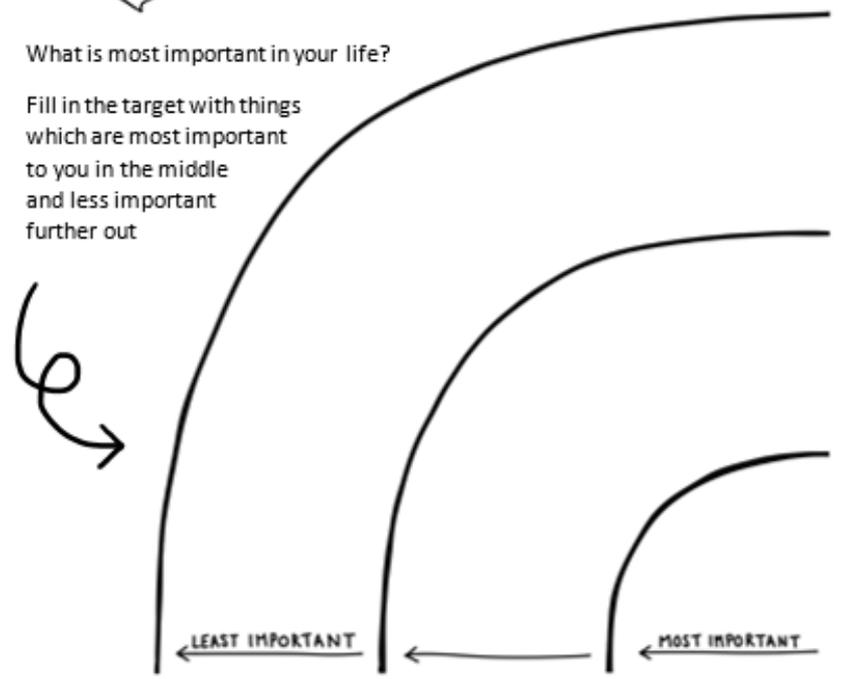
### PRAYER IDEAS:

Thank God for the adventures you've been on so far

Ask God to help you keep focus on what's important in life

What is most important in your life?

Fill in the target with things which are most important to you in the middle and less important further out



# Good Friday

THE  
GOD  
WHO  
SPEAKS

*'They then took charge of Jesus, and carrying his own cross he went out of the city to the place of the skull or, as it was called in Hebrew, Golgotha, where they crucified him with two others, one on either side with Jesus in the middle. Pilate wrote out a notice and had it fixed to the cross; it ran: 'Jesus the Nazarene, King of the Jews.' This notice was read by many of the Jews, because the place where Jesus was crucified was not far from the city, and the writing was in Hebrew, Latin and Greek. So the Jewish chief priests said to Pilate, You should not write 'King of the Jews,' but 'This man said: "I am King of the Jews."' Pilate answered, What I have written, I have written.'* John 18

*The Passion of our Lord Jesus Christ*

Full reading at [Good Friday](#)



Today there would usually be Walks of Witnesses around the local area to show the importance of this day.

Perhaps you could colour the attached Cross or make one of your own to put in your window.

[Stations of the Cross for Families](#)

[The Crucifixion by Brother Francis](#)

[What's so good about Good Friday](#)

[You need not say Goodbye](#)

[The Story of the Three Trees](#)



# Holy Saturday

*'I will praise you, Lord,  
Because you have saved me.  
You have rescued my soul from death  
And given me back my life.*

*I will sing songs of thanks to the Lord,  
And show the depth of my love for him.  
His goodness lasts forever.  
He wipes away my tears,  
And fills my life with happiness.*

*The Lord is merciful and comes to my aid.  
He changes my sadness into joy  
And I will give thanks for ever  
To the Lord my God.'*

*Psalm 29*



Today is a quiet day – a day of waiting for what we hope will happen. Imagine the first disciples wondering what to do next, trying to make sense of it all. Sometimes it is hard for us too – just waiting instead of acting.

Try to take some quiet time today.

[Saturday](#)

[Saturday but Sunday's coming](#)

[Passion Song](#)

*with*

**GOAL**

*all things are possible*





# Easter Sunday



*'Before sunrise on the Sunday morning, Mary of Magdala went to the tomb. As she reached the entrance, she saw that the stone had been rolled away and the tomb was empty. She ran to the disciples saying, 'They have taken the Lord from the tomb and we don't know where they have put him!'*

*Peter and another disciple, John, ran to the tomb and found it just as Mary had described, with the linen burial cloths lying on the ground. Peter went into the tomb first, and then John followed him.*

*Until this moment they had not understood the Scriptures which said, 'He must rise from the dead,' but now they saw, and they believed.*

*John 20*

Alleluia – he is Risen indeed!

How strange, how quietly Jesus returns to us – without any noticeable bolts of lightning or changes in the world.

Perhaps that is how it should be. Jesus before his Resurrection is the same as the Jesus before. His teaching is the same, his love is the same, his desire for relationship is the same. He will take nothing back and he will give us even more.

Every blessing to you and your family.

Amen, Alleluia

Celebrate the Day!

[He is Risen](#)

[Risen](#)

[He is still Risen](#)

[Blessings](#)

