

# Physical Education

## Level 3: AS / A2

EDEXCEL

### INTRODUCTION:

The qualification is designed to support progression to higher education when taken as part of a programme of study that includes other A level subjects.

This A level combines elements from Biology, Chemistry, Psychology and Sports. You would also need to be prepared to delve in Business and Media to examine how Sport operates in the wider world.

### ENTRY REQUIREMENTS / SUITABILITY:

At least a grade B (6) at GCSE PE or equivalent. If not studied, a grade B (6) in Science.

### CONTENT:

Applied anatomy and physiology including exercise physiology

Skill acquisition and sports psychology

Sport and society

Practical sport and performance analysis

### LEADS TO:

Allows students to progress to higher education and to a wide range of careers including:

Sports science,  
PE teacher,  
Physiotherapist,  
Professional sports person,  
Sports coach/consultant  
Sports policy at local and national level,  
Diet and fitness instructor

### ASSESSMENT:

1) Scientific Principles Of Physical Education	Written Examination	150mins	40% weighting
2) Psychological & Social Principles	Written Examination	120mins	30% weighting
3) Practical Performance	Externally Moderated		15% weighting
4) Performance Analysis & Development Programme	Externally Moderated		15% weighting