Health and Social Care (BTEC)

Course Structure & Overview

Exam Board: Edexcel Syllabus: Edexcel BTEC Level 1/Level 2 First Award in Health and Social Care

The Edexcel BTEC Level 1/Level 2 First Award in Health and Social Care has been developed to provide an engaging introduction to the sector for learners aged 14 years and above. The first core unit of this qualification, which is externally assessed, provides learners with a solid foundation in human lifespan development. Learners will also gain an appreciation of the importance of health and social care values in the sector from the second core unit.

Course Content

The Edexcel BTEC Level 1/Level 2 First Award in Health and Social Care is taught over 120 guided learning hours (GLH). It has core and optional specialist units. Learners must complete the two core units, and a choice of two optional units. This BTEC First Award has units that your centre assesses (internal) and a unit that Edexcel sets and marks (external).

Core Units 1 Human Lifespan Development (External assessed) 2 Health and Social Care Values (Internal assessed)

Optional units

- 3 Effective Communication in Health and Social Care (Internal assessed)
- 4 Social Influences on Health and Wellbeing (Internal assessed)
- 5 Promoting Health and Wellbeing (Internal assessed)

6 The Impact of Nutrition on Health and Wellbeing (Internal assessed)

- 7 Equality and Diversity in Health and Social Care (Internal assessed)
- 8 Individual Rights in Health and Social Care (Internal assessed)

Skills Developed

Health and Social Care involves:

- Team working
- Communication
- Research skills
- Self-development and improvement
- Project Management
- Independent Learning and self-motivation.

Progression Routes

The Edexcel BTEC Level 1/Level 2 First Award in Health and Social Care provides a good foundation for learners for progression onto further education. Learners who achieve the qualification at Level 1 may progress to Level 2 or on to a competency-based qualification, such as the Level 2 Diploma in Health and Social Care (QCF). Alternatively, learners may also consider progression to general qualifications such as the GCSE / A level in Health and Social Care.

Future Careers

Future careers include social work, care managers, nursing, child care, counsellor, early years teacher and nursery nurse.