

MEAT FREE

MEAT FREE

- MEAT FREE MONDAY

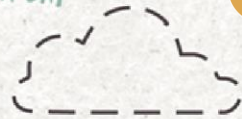
5 A DAY



5 A DAY

- 1 OF YOUR 5 A DAY



- CHEF'S CHOICE



Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Dish</b>	Chicken tikka masala & pilau rice with crispy poppadum	Beef lasagne & garlic bread Served with mixed salad	Roast chicken & stuffing, crispy roast potatoes and gravy	Thursday theme day menu	Chip shop Friday See daily menu display
<b>Vegetarian Main Dish</b>	Vegetable Byriani & onion bhaji	Macaroni cheese & garlic bread	Roasted nut loaf with roast potatoes & seasonal vegetables	See daily themed menu	Chip shop Friday See daily menu display
<b>Accompaniments</b> 	Bombay potatoes & garden peas Salad bar	Roasted mini roast potatoes & sweetcorn Salad bar	Roast potatoes & seasonal vegetables Salad bar	Vegetables to compliment Salad bar	Chip shop Friday See daily menu display
<b>Street Food</b>	Pepperoni topped pizza	Spicy chicken strips in a salad filled wrap	Turkey meatball sub roll With crunchy salsa	Chicken burger with spicy mayo in a salad filled bun 	Chip shop Friday See daily menu display
<b>Pasta &amp; jacket potato bar</b>	Freshly cooked pasta topped with a traditional pasta sauce. Hot filled jacket potatoes With a choice of fillings	Freshly cooked pasta topped with a traditional pasta sauce. Hot filled jacket potatoes With a choice of fillings	Freshly cooked pasta topped with a traditional pasta sauce. Hot filled jacket potatoes With a choice of fillings	Freshly cooked pasta topped with a traditional pasta sauce. Hot filled jacket potatoes With a choice of fillings	Freshly cooked pasta topped with a traditional pasta sauce. Hot filled jacket potatoes With a choice of fillings
<b>Sandwich bar</b>	A selection of sandwiches wraps & baguettes with a choice of popular fillings	A selection of sandwiches wraps & baguettes with a choice of popular fillings	A selection of sandwiches wraps & baguettes with a choice of popular fillings	A selection of sandwiches wraps & baguettes with a choice of popular fillings	A selection of sandwiches wraps & baguettes with a choice of popular fillings



# MENU