



# HOLY TRINITY ACADEMY

## PARENT WEEKLY BULLETIN

Week commencing Monday 14th March 2022

*Whole School Spirituality*

### **Lent - Encountering God On High**

Many years ago, having just summited Mont Blanc with a friend of mine, we were descending and stopped for a 5 minute rest at the top of a cliff face. We were just sat on the edge, dangling our legs over, and taking in the view for five minutes or so. It was then he cut through the silence by asking me, "So, you're a Catholic right ... so what do you think happens to you when you die?"

Somewhat taken aback by the timing of this question (and bearing in mind he had never asked me anything about my faith in the years I had known him) from my atheist friend, I didn't say anything at first. But then I saw him crying and he said, "My dad's dying of cancer and I just wondered..." It was then, I told what I believed and we said a prayer for his dad. It was perhaps the strangest place that I'd ever had a conversation about matters of faith. But that day, for those minutes, through prayer there was an encounter with God ... and strangely on a mountain!

One does not have to climb mountains to encounter God. We simply just have to be willing to meet with Him. The time and place will not always be of our choosing. But in these difficult times, prayer has been a place that many of us have turned to in order to seek Him and ask for His help. So this week, we will focus on the different ways that we, as a community, can encounter God.

[Mr Doust]



# HPL FOCUS

## **Automaticity**

*The ability to use some skills with such ease as they no longer require active thinking*



As a High Performance Learning Pathway School we will be sharing with you "Top Tips" on how you can support you child/ren with developing the High Performance Learning skills at home.

There are 30 of these skills broken down into the two categories of Advanced Cognitive Performance Characteristics (ACPs) and Values, Attitudes and Attributes (VAAs). This fortnight we look at the ACP of **Automaticity**.

*(The ability to use some skills with such ease as they no longer require active thinking)*

### **Top Tips on..... Automaticity**

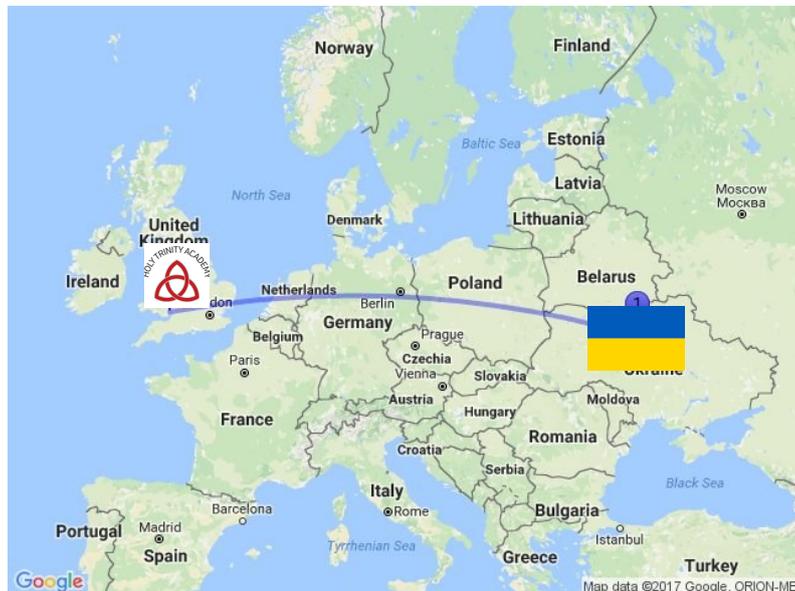
1. Discuss with your child how the process of multi-tasking works – can they explain to you why we are able to do many things at once? Can they give examples of when this happens?
2. Talk to your child about something you do which does not require active thinking – if you drive, this is a good example. The process that you have gone through in order to learn to drive means that you are able to do many things 'automatically' e.g. changing gears, signalling etc
3. Create a times table competition. Who can get the correct answers in the quickest time? You will find that perhaps some times tables are more embedded or the answers comes more automatically than others. What is it that needs to be done in order to make them all equally automatic?
4. Talk to your child about a new skill that they would like to learn and how long they think it will take to get to the point of automaticity. Try it!
5. Talk to your child about some of the things they do which means they operate with some degree of automaticity. Playing games often mean that you are aware of several things at once and operate quickly within this. Many children will be unaware that they are using these skills and may need some prompting to think about how these skills are transferable into their learning in school



**KYIV 2276 km**

**Let's Go**

**The Distance**



This week the school has launched a fundraising project in aid of the Disasters Emergency Committee to help raise money for the people of Ukraine in this current humanitarian crisis.

One way we can all do this is by collectively covering the distance between Holy Trinity Academy and Kyiv which is 2276 km.

We can all do this by walking, cycling, running, swimming or rowing. If every student aims to cover a minimum of 4km, we can achieve our goal but the more, the better.

Sponsorship forms have been circulated amongst the students who could be sponsored per km covered (e.g. £1=1km) but any donation or sponsorship is welcomed.

Closing date for donations - Friday 18th March

With your help, our goal is very achievable and we can go some way to help make a difference to the people of Ukraine during this crisis. Thank you





# Sequacious

(Of a person) lacking independence or originality of thought



Kooth will be attending at lunchtime on Thursday 17th March. Students will be able to access them to sign up to Kooth, ask questions and even get their hands on some freebies !



## Menu

Chippy Friday

Haddock or Sausage

Meal deal

£2.35

Falafal Pitta

Vegetarian option

£2.35

Sponge pudding with pinky red sauce

75p

Red Nose Lucky Dip



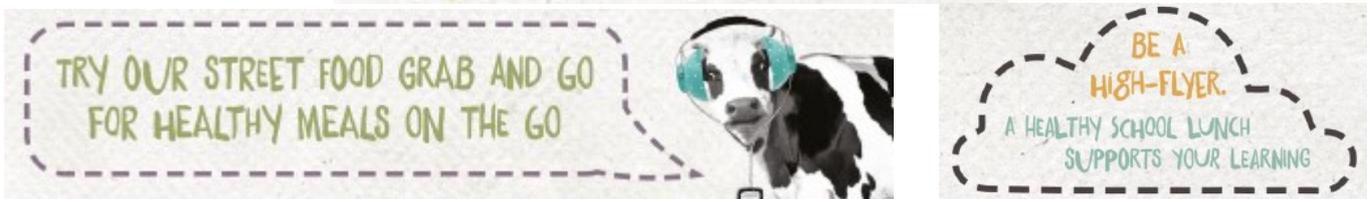
## Parents

Please ensure that your child's ParentPay account is in credit at all times and that there are sufficient funds for their purchases.

Mellors Catering Services do not facilitate credit.

Please note: Crediting might not be instant so allow good time for funds to reach the account.

Thank you.



Week 1	Monday 	Tuesday	Wednesday	Thursday	Friday
<b>Main Dish</b>	Fiery Mexican chilli, brown rice, sour cream and salsa	Pork sausage, red onion gravy and champ mash potato	Apple glazed roast pork, crispy roast potatoes and gravy	Chicken Singapore noodles	Crispy battered fish with chunky chips, Curry Sauce
<b>Vegetarian Main Dish</b>	Sweet potato and squash stew with pea and mint couscous 	Quorn™ and vegetable lasagne with crusty garlic and herb bread	Cheesy potato and leek pie topped with puff pastry served with crispy roast potatoes	Aubergine and chickpea Dhansak, pilau rice and cucumber raita 	Falafel in a wholemeal pitta, crunchy slaw and chunky chips
<b>Accompaniments</b> 	Sweetcorn and Green Beans Salad bar	Roasted Root Vegetables and Green Cabbage Salad bar	Steamed carrots and broccoli Salad bar	Mixed Vegetables Roasted butternut squash Salad bar	Garden peas Crisp mixed salad Salad bar
<b>Hot Handheld Special</b>	Hot Turkey Meatball Subs	Roasted vegetable pizza	Hot Chicken Kebab Wraps with Salad	Hot Dogs and Onions	Vegetable Pizza
<b>Street Food</b>	Italian Meatballs in Tomato Sauce with Wholemeal Pasta	Sweet Potato and Vegetable Masala with Rice and Bombay Potatoes	Chicken and Bacon Pasta	Red Thai Chicken Curry with Boiled Rice	Sweet Chilli Chicken Noodles
<b>Jacket Potato</b>	Grated Cheese Or Baked Beans	Tuna Mayo or Grated Cheese	Coleslaw Or Baked Beans	Grated Cheese or Tuna Mayo	Baked Beans Or Coleslaw
<b>Dessert</b>	Selection of Tray bakes and Fresh Fruit 	Selection of Tray bakes and Fresh Fruit	Selection of Tray bakes and Fresh Fruit	Selection of Tray bakes and Fresh Fruit 	Selection of Tray bakes and Fresh Fruit 

# Careers and Education Information and Guidance Update



## **CAREERS FORTNIGHT**

8<sup>th</sup> to 18<sup>th</sup> March 2022

- Students have been busy taking part in a variety of activities in lessons, linking their subject knowledge to the world of work.
- Remember that students can follow this link <https://www.unifrog.org/student/careers> to access the Careers Library on UniFrog where they can find out lots more information about different careers that are available.
- We have launched the CEIAG achievement point, where students can gain achievement points through engagement with careers activities in lessons. Keep a look out on Edulink and ask your children what they've been up to!

## **HARPER ADAMS UNIVERSITY SUMMER RESIDENTIAL**

3<sup>rd</sup> to 4<sup>th</sup> July 2022

- Harper Adams University is offering a two-day residential for 16–18-year-olds, which could be a fantastic opportunity for year 11 students who have finished their exams and are interested in a career in Agriculture.
- Students can get a flavour of university life and try out course-related activities at The Harper Adams Experience which is designed to help you decide if Harper Adams is right for them.
- The Harper Adams Experience (HAE) costs £40 which covers all activities, food, refreshments, and an overnight stay in halls of residence.
- There is also a free coach service from Stafford, Telford, and Shrewsbury railway stations: Collection at 9:30 from all stations on Sunday 3 July and departing at 16:00 from Harper Adams University.
- Follow this link for more information and to book <https://www.harper-adams.ac.uk/events/2436/harper-adams-experience>

Thanks, Miss Sutton

**KIDZ IN  
FOCUS**



Year 11 Leaver's Hoodies can now be ordered directly from Kidz in Focus at a cost of £24.50

Designs, illustrations and details of how to order can be found here: <http://holytrinity.academy/wp-content/uploads/2022/02/Holy-Trinity-Leavers-Hoodie-2022.pdf>

Deadline for orders is 20th April

**MENTAL HEALTH**  
and wellbeing

**Parent/Carer Virtual Mental Health and Wellbeing sessions**  
**to support young people**

Holy Trinity Academy is offering parents/carers some virtual Mental Health and Wellbeing sessions to support the young people living at home. The sessions will be run by Mrs Handy (Mental Health Lead).

We will be looking at a series of support sessions on different topics, all related to Mental Wellbeing. The first session is 'Understanding the teenage brain.'

The session will cover:

Understanding adolescence

Looking at the teenage brain-how amazing and how frustrating it can be

What we as parents/caregivers need to remember

What our teenagers need to know

The sessions will take place on TEAMS on **Monday 28<sup>th</sup> March 2022**

See Edulink for more details

# Y11 Revision Sessions



Day	Department request
1 Mon	Health and Social independent assignment work, Art, English, Music, Business studies
1 Tues	Maths, Geography
1 Wed	GCSE PE
1 Thurs	Computer Science, D&T / Engineering/RE/Science/ (French – not every week)
2 Mon	Health and Social independent assignment work, Art, English, Music, Business studies
2 Tues	Maths, Geography
2 Wed	GCSE PE
2 Thurs	D&T / Engineering/RE/Science

SCHOOL YEAR  
7 & 8

The latest data for Years 7 & 8  
has been published and is ready to view  
on Edulink



## The Queen's Platinum Jubilee

### 70 years - 70 'things' that tell our story

This summer the patron of the Historical Association, Queen Elizabeth II, has her Platinum Jubilee. It is the longest reign of any British monarch. For many of us in the UK and abroad, she is the only head of state that we have ever known. In those 70 years that she has been queen, the world has changed in many ways.



The HA would like to put together a collection of 70 'things' that tell the story of the last 70 years: how the UK and the world have changed; how they have developed; how they have remained the same; the people who have left an impact; and the things that have led to changes or continuity.

Each of the things needs to be able to be represented in one image.



It could be a portrait of someone who is doing something, and that someone is the important 'thing' and their action had a significant impact during the last 70 years; a personal item that represents an event or idea a specific piece of technology, rather than just a generic product; a place on a map; or just a 'thing'.



The HA is inviting its members, school groups, historians and interested members of the public to send them their entries for what should be included in the '70 years - 70 "things" that tell our story' project.

Each suggestion must be provided with a rationale as to why it helps to tell the story of the last 70 years of history. The rationale should be no more than 250 words for each 'thing'.

The suggestions will be sifted and collated and then the final 70 items will be selected by a panel of historians and educators, chaired by respected historian and author Professor Anna Whitelock. The 70 things will be announced in May 2022.

### Instructions

Entries can be sent to the HA until **31 March 2022** by emailing **enquiries@history.org.uk** with your email titled '70 things project submission'.

The HA would like no more than five suggestions from any individual.

