

# PARENT NEWSLETTER



Week beginning  
Monday 26th  
April 2021  
Week 1

## Whole School Spirituality

JESUS CHRIST  
✠  
THE CHIEF  
CORNERSTONE

### **Easter 4: Good Shepherd & Cornerstone**

I wished one of my ex-pupils (from over 15 years ago) a happy belated Easter recently only to receive a reply from them that Easter is not a one-off event ... and that we should have the resurrection of the Lord in our hearts everyday. Well, that told me!

And he was right. Easter is not over. In the Christian Church, Easter is a season that runs for 7 weeks. Easter is not just about the chocolate eggs on the Easter Sunday, nor even attending church on that special day. It is about the celebration of Christ's victory over sin and death ... the fulfilment of His mission and the prophecies ...the demonstration of His love for us ... His appearances to the disciples and instructions to us all ... a celebration like no other ... and how all of this is the cornerstone of our school community. Without this we wouldn't be here.

Now surely all that is worth celebrating for more than just one day!

[Mr Doust]



# WELCOME TO Mellors Catering Services

Continuing our commitment to ensure our school provides healthy and nutritional balanced meals in line with Government standards, we are pleased to welcome Mellors Catering Services to Holy Trinity Academy. There is a three week rotational varied menu which will be published in each bulletin and next weeks menu is shown below. All dietary needs are catered for but please do not hesitate to contact the school if you have any question

We're an award-winning family business, established back in 1840 as a local bakery. We're now the first choice contract caterer in the north for staff restaurants, schools and colleges. We offer a bespoke service that is unrivalled. We develop tailored menus to meet the tastes and dietary requirements of our customers and look after all aspects of your on-site catering. We operate more than 330 catering contracts in education and business sites across the North of England so we must be doing something right!

Mellors Catering Services is committed to delivering an exciting choice of food that doesn't cost the earth. We use only the finest, freshest ingredients from local suppliers which means better quality food. Our team of dedicated Area Managers, Area Support and Group Managers are all foodies at heart. Their truly personal and local support means that all our sites get the level of support they need at all times.

All of our clients and consumers are also served by our innovative and creative Food Development team, headed up by our Head Nutritionist Danielle and backed up by another Nutritionist Laura and three Executive and Training Chefs. They continually develop the quality of service and food on-site, ensuring all our recipes are nutritious, exciting and compliant.

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Dish</b>	Baked turkey meatballs with garlic and herb potatoes 	Chicken biryani, homemade naan bread and chilli and coriander chutney	Roast chicken, sage and onion stuffing and gravy served with creamy mash potato	Beef bolognese pasta bake 	Crispy battered fish goujons with chunky chips
<b>Vegetarian Dish</b>	Vegetarian sausage and bean gratin with garlic and herb potatoes	Piri piri Quorn™ fillet with lemon couscous homemade tomato salsa	Vegetable and bean stew with a cheesy cobbler top and creamy mash potato 	Squash and chickpea Balti with pilau rice 	Mexican Quorn™ burrito with homemade guacamole and salsa 
<b>Accompaniments</b> 	Steamed broccoli Carrots Salad bar	Green beans Roasted courgettes Salad bar	Roasted parsnips Sautéed leeks Salad bar	Crisp mixed salad Garden peas Salad bar	Crushed minted peas Corn on the cob Salad bar
<b>Street Food</b>	Spicy sausage pasta	Vegetarian meatball pasta	Beef Keema with yellow rice	Italian chicken pasta	Pad Kee Mao – spicy Thai chicken and vegetable noodles
<b>Hot handheld Special</b>	Crispy bacon, lettuce and tomato ciabatta	Beef and onion pizza	Chicken gyros in wholemeal pitta bread, tzatziki and Greek salad 	Classic Margherita pizza	Piri piri pork with apple and fennel slaw on a toasted brioche bun 
<b>jacket</b>	Veggie sausage & bean or baked beans or slaw or cheddar cheese	Chicken curry or baked beans or slaw or cheddar cheese	Veggie bean casserole or baked beans or slaw or cheddar cheese	Bolognese or baked beans or slaw or cheddar cheese	Baked beans or slaw or cheddar cheese



As a High Performance Learning Pathway School we will be sharing with you “Top Tips” on how you can support you child/ren with developing the High Performance Learning skills at home. There are 30 of these skills broken down into the two categories of Advanced Cognitive Performance Characteristics (ACPs) and Values, Attitudes and Attributes (VAAs). This week we look at the VAA of being **Enquiring** (The ability to be curious; be willing to work alone; be proactive; keen to learn; show enterprise; think independently; challenge assumptions and require evidence for assertions; actively control your own learning; move on from the absorption of knowledge and procedures to develop your own views and solutions)



### **Top Tips on.....Being Enquiring**

1. Model being enquiring yourself
2. Encourage children to ask questions
3. Encourage childrens’ curiosity. Consider asking your child to become an ‘expert’ in a specific thing and tell you all about it. It may be something they are already interested in or something new. This encourages them to be independent in their research – perhaps they could present it to you.
4. Encourage interests that model total concentration e.g. making a model aeroplane from a kit, painting a picture, getting balls into a net
5. How about choosing a new interest to you and your child/ren. Something that you are both interested in but don’t now a great deal about. Complete a joint project and finish it with a related event e.g. finding out more about film making and having a movie night; finding out about the development of trains and going on a train ride

## **Internet Watch Foundation campaign launched to raise awareness of “self-generated” child sexual abuse material**

In the last year, [“self-generated” child sexual abuse imagery](#) has increased by 77% and is a third of all child sexual abuse material identified and removed from the internet. These included images of girls aged 11 to 13 whose abuse had been recorded via a webcam in a domestic setting.

To help prevent the creation of this type of abusive imagery, a campaign has been launched by the (IWF) backed by the Home Office and Microsoft. It aims to help raise awareness of this type of criminality among parents and carers of young teens, empower and educate girls aged 11 to 13+ to spot the techniques used by sexual predators and give them the knowledge to Block, Report, Tell someone they trust.

It is a national campaign running from Wednesday 21st April for six weeks. You can find out more on the [IWF website](#), as well as specific sites for [parents](#) and [young people](#).

Please share this information with parents and carers in your network.

We advise parents watch to be aware.



HM Government

**NHS**

Test and Trace

## Twice weekly rapid COVID-19 testing

Test at home  
Report online  
Keep life moving

- New test kits will be issued next week
- Please continue testing and reporting results
- Please ensure that your child brings the test kit home



Let's take this next step safely.

**GET YOUR TESTS**  
FROM SCHOOL OR COLLEGE



# End of Year Rewards Trip

## Tuesday 6th July

Before Friday 30th April, letters will be issued on Edulink to all students who have met the criteria to go on the trip.

### Criteria

Students must have a net positive achievement score of 50 in total over the whole academic year by Tuesday 27th April.

Students must have a minimum of 95% or above attendance for the whole academic year (please note no covid absence has affected your child's attendance total).

Students must have no exclusions this academic year on their record.

Please do not contact school asking for your child's information on attendance or achievement as this can all be seen on your Edulink account.



*Please note: any behavioural issues beyond 27th April can still compromise a student's eligibility to attend the trip.*

## Important Information for all Parents



We would like to remind you that it is illegal for any child under the age of 18 to use or carry a VAPE.

Our school has a **zero tolerance** on any student bringing a VAPE into school.

Students have been informed that these are not acceptable and sanctions will be given as a result of usage or having them in their possession.

Please be advised that any suspicious behaviour or outside information will result in the school searching students' possessions - [https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\\_data/file/674416/Searching\\_screening\\_and\\_confiscation.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/674416/Searching_screening_and_confiscation.pdf)



For more information and advice, go to:  
<https://kidshealth.org/en/parents/e-cigarettes.html>



### Year 7 Arthog Outreach trip

A letter has been sent to parents of students who were booked on this trip.

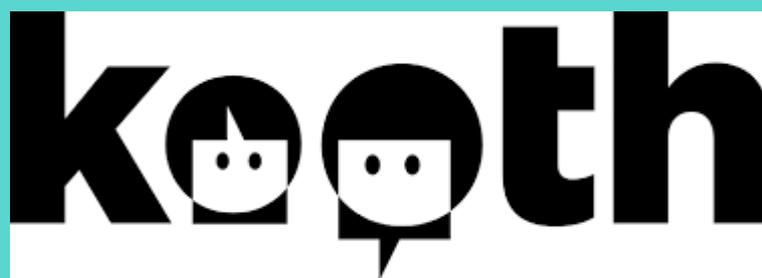
### Parents

Please remember to top-up your child's ParentPay accounts for purchasing their school meals.

Thank you



Safeguarding



**Free, safe and anonymous support for students**

**[www.kooth.com](http://www.kooth.com)**

**Kooth** is anonymous and confidential online service to help you with any problems you may have. You can ask for advice on our discussion boards with other young people and help others with their questions too, read magazine articles, and take part in our weekly live forums.

# From Recycle to Recital

Over the last half term, Year 7 have been looking at the Instruments of the Orchestra. Their extended homework project was to create an orchestral instrument using only recycled materials.

This is based upon the 'Landfill Harmonic' orchestra in Cateura, Paraguay, where many people live in slums, and instruments are considered so expensive that they would cost more than a standard house! As a result, young musicians make their own instruments using materials from local scrapyards.

A huge thank you to Year 7 students who have put in a considerable amount of time and effort into making some truly remarkable musical instruments. Some students have even given demonstrations on their working creations!



Class of 2021

# Prom Night

Thursday 10th June  
in the HTA School Hall

Arrive 6.30pm  
Prom from 7pm - 10pm



Tickets £20 - Available from Reception  
Includes Buffet, Disco & Souvenir Photo  
Payment by 30th April

# Mental Health and Well-being Student Team

**CAN YOU HELP ?**

**WOULD YOU LIKE TO BE PART OF THE TEAM?**

We are looking for students to -

- have their voice and share ideas about mental well-being
- to create and choose resources to support mental well-being in school
- Post-COVID restrictions- Organise well-being events with the Mental Health Lead.

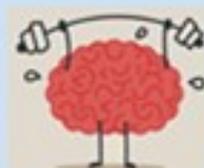
**Tuesday's**

**Year 11 and Year 10 – 8:00am-8:20am**

**Year 9, 8 and 7 – 8.30am- 8:50am**

All students are welcome to attend the meetings.

**Whilst exams are taking place, these meetings**  
**will take place in the Hall**



**Please speak to Mrs Handy if you would like to know  
more**



# Our School Mindfulness Club

Would you like to join?

Every Monday starting Monday 19th April

Club to be held in the conference room

**Year 11 and 10 – 1:45pm-2.15pm**

**Year 9, Year 8 and Year 7 – 2:15pm-2:45pm**

Things we will look at:

- What is mindfulness?
- Mindfulness techniques and how to use them at home
- Looking at gratitude and mindfulness
- Wind-down techniques
- Yoga techniques/strategies
- Deep breathing

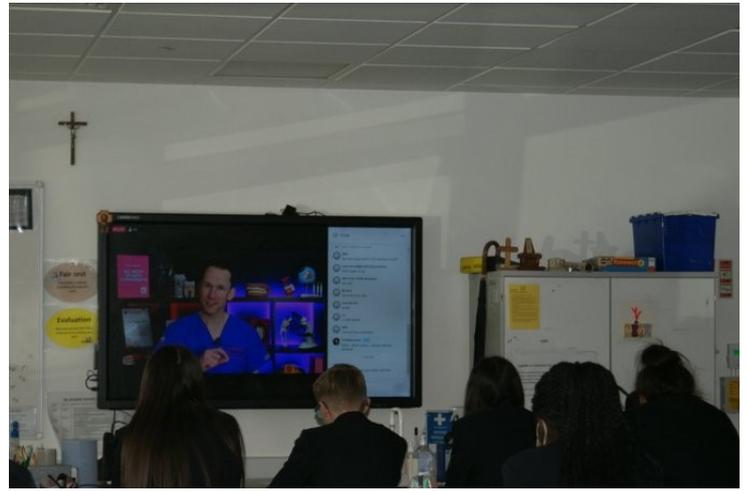


Your body is present.



Is your mind?





**Year 8 and 9 students are seen here enjoying 'The Human Guinea Pig Show', a live stream workshop brought to us by Medical Mavericks and the Aspire to HE Programme. This one was aimed to help inspire our ambitious students to consider a career in health.**