



The 3rd Station: Jesus Falls For The First Time

- All:** We adore you, O Christ, and we praise you, because by your holy cross you have redeemed the world.
- Reading:** *And being found in human form, Jesus humbled himself by becoming obedient to the point of death, even death on a cross.*
- Reflection:** At the time of Jesus' death, crucifixion was the punishment reserved for the lowest of society's low, the prevailing method employed to publicly dishonour a person. Jesus' brutal flogging was part of the practice

and, as it sent his body into shock from pain and blood loss, the likely cause of his fall. Consider Christ's humility, then: "God Made Flesh" succumbed to the ultimate display of human denigration and assumed the physical vulnerabilities of the human body

Pause For Thought: What is it to be truly humble? In what ways can our humility be a strength and not a weakness? How can our weaknesses become our strengths?

Prayer: Jesus, teach us your humility today. Fill us with your Spirit so that, in our schools and classrooms, we become conduits of your self-giving love. Through your example, may our weaknesses make us stronger, more accepting of the weaknesses of others, and increasingly humble.