

WEEK ONE

Hot Meals

MONDAY

Hunters BBQ
Chicken (GF)
New Potatoes & Broccoli

Omlette—Cheese & Onion (GF)
New Potatoes & Salad (V)

Lemon Curd
Crumble

TUESDAY

Beef Lasagne
Garlic Bread
Peas or Salad

Chickpea & Vegetable Biryani
with Korma sauce (V)
Rice & Naan Bread

Chocolate Bread & Butter
Pudding

WEDNESDAY

Roast Leg of Pork with Apple Sauce
Crispy Roast Potatoes (GF)
& Seasonal Vegetables

Macaroni Cheese (V)
Mixed Salad or Vegetables

Toffee Banoffee
Sponge

THURSDAY

Battered or Baked Piri Piri Fish Fillet
Chips and Peas

Spicy Vegetable
Pastie (V)

Frozen Yoghurt (GF)
Or Melon Wedge (DF)

FRIDAY

Thai Green Chicken Curry
Rice & Naan Bread
Green Beans

Stuffed Jacket
Sour Cream & Chive (V)
Salad / Baked Beans

Oaty Apple
Fool

Check out our other counters
for the rest of our lunch range

We have a daily range of seasonal vegetables and accompaniments available with every dish.

GF = Gluten Free V = Vegetarian DF = Dairy Free

WEEK TWO

Hot Meals

MONDAY

Tuna Sweetcorn Pasta Bake
Salad & Garlic Bread

Leek & Potato Bake (V)
Sweetcorn & Garden Salad

Strawberry Sponge

TUESDAY

Cumberland Sausages
Mashed Potato & Gravy
Vegetables

Roasted Quorn & Vegetable
Sweet Chilli Wrap (V)
Mixed Leaves

Apple & Peach
Crumble

WEDNESDAY

Roast Gammon & Pineapple (GF) (DF)
New Potatoes
Seasonal Vegetables

Vegetable Chilli (V)
Wholegrain Rice or Mixed Salad

Iced Citrus Sponge
with warm Vanilla Sauce

THURSDAY

Fillet of Fish in Batter
Chips and Peas
Lemon & Tartare Sauce

Vegetable Spring Roll (V)
Chips, Peas or Salad

Trifle (GF)

FRIDAY

Chilli Beef Taco's
Salad & Sour Cream
Dip / Salsa

Cheese & Chive Potato Skins (V)
Salad / Coleslaw

Manchester Tart

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WEEK THREE

Hot Meals

MONDAY

Pasta Carbonara Bake Chkn/Bacon

Garlic Bread

Garden Peas or Mixed Salad

Mushroom Stroganoff

& Rice (GF) (DF) (V)

Mixed Salad

Syrup

Sponge

TUESDAY

Lamb Moussaka

Potato Wedges

Green Beans / Salad

Vegetable Lasagne (V)

Garlic Bread

Salad

Blueberry & Apple

Crumble

WEDNESDAY

Roast Chicken Dinner

Roast Potatoes (GF) (DF)

Carrots & Broccoli

Root Vegetable Toad-in-the-Hole

Roast Potatoes & Peas (V)

Carrot

Cake

THURSDAY

Battered Fish or Salmon Fishcake

Chips

Peas, Beans or Curry Sauce

Vegetable Samosa (V)

Mint Dip (Yoghurt)

Chips, Peas

Fruit Pancake

FRIDAY

Chicken & Vegetable Curry

(GF)

Stir Fried Vegetables

Noodles & Soy Sauce

(GF) (DF) (V)

Frozen Yoghurt

(GF)

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WEEK FOUR

Hot Meals

MONDAY

Chilli Con Carne (GF)
Dirty Fries
Peas & Peppers

Cauliflower & Broccoli Cheese (V)
Garlic Bread

Rhubarb
Crumble

TUESDAY

Chicken Sagwala (GF)
Wholegrain Rice & Naan Bread

Chickpea & Vegetable Balti (V)
Wholegrain Rice & Naan Bread

Apple Crumble

WEDNESDAY

Chef's Special
(Street Food)
"Round the World"

Roast Vegetable & Pepper Wrap (V)
Paprika Wedges

Chocolate Sponge
Chocolate Sauce

THURSDAY

Battered Fish
Chips
Mushy Peas, Beans or Curry Sauce

Vegetable (V) (GF)
Frittata

Frozen Yoghurt (GF)
or Piece of Fruit

FRIDAY

Chicken Fajita's
Sour Cream Dip
Salad, Savoury Rice

Quorn Sausages (V)
Garlic Mash & Tomato Sauce

Lemon Meringue

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