

WEEK ONE

Hot Meals

MONDAY

*Sweet 'n' Sour
Chicken
Rice & Broccoli*

*Omlette—Cheese & Onion
New Potatoes & Salad*

*Chocolate Marble
Sponge Pudding*

TUESDAY

*Beef Lasagne
Garlic Bread
Peas or Salad*

*Chickpea & Vegetable Biryani
with Korma sauce
Rice & Naan Bread*

*Lemon Curd
Crumble*

WEDNESDAY

*Roast Leg of Pork with Apple Sauce
Crispy Roast Potatoes
& Seasonal Vegetables*

*Macaroni Cheese
Mixed Salad or Vegetables*

*Strawberry
Sponge*

THURSDAY

*Battered or Baked Piri Piri Fish Fillet
Chips and Peas*

*Spicy Vegetable
Pastie*

Jam Tart

FRIDAY

*Chicken & Vegetable Curry
Rice & Naan Bread
Green Beans*

*Stuffed Jacket
Sour Cream & Chive
Salad / Baked Beans*

*Oaty Apple
Crumble*

*Check out our other counters
for the rest of our lunch range*

We have a daily range of seasonal vegetables and accompaniments available with every dish.

WEEK TWO

Hot Meals

MONDAY

Balti Chicken Curry
Wholegrain Rice / Sweetcorn

Leek & Potato Bake
Sweetcorn & Garden Salad

Chocolate
Bread & Butter Pudding
& Cream

TUESDAY

Homemade Pork & Chicken Meatballs
in herby tomato sauce
with Pasta & Garlic Bread

Roasted Quorn & Vegetable
Sweet Chilli Wrap
Mixed Leaves

Apple & Blackberry
Crumble

WEDNESDAY

Roast Chicken Dinner
Roast Potatoes
Seasonal Vegetables

Vegetable Chilli
Wholegrain Rice or Mixed Salad

Iced Citrus Sponge
with warm Vanilla Sauce

THURSDAY

Fillet of Fish in Batter
Chips and Peas
Lemon & Tartare Sauce

Vegetable Spring Roll
Chips, Peas or Salad

Jam Sponge

FRIDAY

Cumberland Sausages
Mashed Potato & Gravy
Peas or Green Beans

Ratatouille
& Jacket Potato

Manchester Tart

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WEEK THREE

Hot Meals

MONDAY

Beef Bolognese Pasta Bake

Garlic Bread

Garden Peas or Mixed Salad

Mushroom Stroganoff

& Rice

Mixed Salad

Syrup

Sponge

TUESDAY

Chicken a la King

Savoury Rice

Green Beans

Vegetable Lasagne

Garlic Bread

Salad

Carrot

Cake

WEDNESDAY

Roast Gammon & Parsley Sauce

Roast Potatoes

Carrots & Broccoli

Root Vegetable Toad-in-the-Hole

Roast Potatoes & Peas

Apple and Peach

Crumble

THURSDAY

Battered Fish or Salmon Fishcake

Chips

Peas, Beans or Curry Sauce

Vegetable Samosa

Mint Dip (Yoghurt)

Chips, Peas

Toffee Apple

Crumble Cake

FRIDAY

Cottage Pie

Wedges & Seasonal Vegetables

Vegetable Pie

Wedges & Seasonal Vegetables

Chocolate

Sponge

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WEEK FOUR

Hot Meals

MONDAY

Chilli Con Carne

Boiled Rice

Peas & Peppers

Cauliflower & Broccoli Cheese

Garlic Bread

Cherry

Crumble

TUESDAY

Chicken Sagwala

Wholegrain Rice & Naan Bread

Chickpea & Vegetable Balti

Wholegrain Rice & Naan Bread

Treacle Tart

Pouring Cream

WEDNESDAY

Homemade Sausage Plait

Mashed Potato

Peas & Onion Gravy

Roast Vegetable & Pepper Wrap

Paprika Wedges

Chocolate Sponge

Chocolate Sauce

THURSDAY

Battered Fish

Chips

Mushy Peas, Beans or Curry Sauce

Cheese & Onion Pastie

Cabinet Pudding

FRIDAY

Chicken Fajita's

Sour Cream Dip

Salad, Savoury Rice

Quorn Sausages

Garlic Mash & Tomato Sauce

Baked Jam Roll

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